

# UPPER CUMBERLAND AREA SERVICE COMMITTEE OF NARCOTICS ANONYMOUS

**Minutes from January 25, 2009**  
**Next Meeting February 15, 2009**

Meeting opened by Rudy R  
Eddie B read the 12 Traditions  
Keith H read the 12 Concepts

<b>Group</b>	<b>Present</b>	<b>Absent</b>
Crossville NA	X	
Freedom Group	X	
Middle of Nowhere	X	
Unity Group	X	
Who Are You	X	
Getting Started	X	
New Beginnings	X	
New Way to Live	X	
Free and Clean		X

## **Trusted Servants**

Chair	Rudy R.	Present
Vice-Chair	Dale S	Present
Secretary		Vacant
Secretary Vice-chair		Vacant
Treasurer	Jerome G	Present
Treasurer Vice-Chair		Vacant
RCM		Vacant
RCM-Alt	Randy E	Present
Help-Line Chair		Vacant
Help-Line Vice-Chair	Keith H	Present
H&I Chair		Vacant
H&I Vice-Chair	Anthony G	Absent
Literature Chair	Mark H	Present
Literature Vice-Chair		Vacant
Newsletter Chair		Vacant
Newsletter Vice-chair	Randy E	Present
P&P Chair		Vacant
P&P Vice-Chair	Dale S	Present
PI Chair		Vacant
PI Vice-Chair	Amanda M	Present

Roll call was taken, 8 out of 9 groups present.

## **GSR REPORTS**

### **CROSSVILLE NA GROUP:**

Sun (Closed), Mon, Wed, Fri (Open) At 6:30 P.M.  
Fourth Dimension Club, 2229 West Ave. Crossville, TN.  
Average Attendance 10  
Current Month's Contribution to ASC: \$ 0.00  
GSR: Steve S.  
Secretary: Amanda M.  
Treasurer: Mark H.  
Financial Obligations are Being Met.  
Traditions Are Being Followed.  
COMMENTS: *Clean time celebration "Speak & Eat" 1-30-09*

### **FREEDOM GROUP:**

Monday @ 7 PM Closed Discussion.  
Presbyterian Church 1700 Pennsylvania Ave. Allardt Tn.  
Corner of Rt. 296 @ Hwy 52  
Average Attendance 8-10  
Current Month's Contribution to ASC: \$40.80  
GSR: Randy E.  
Financial Obligations are Being Met.  
Traditions Are Being Followed.  
COMMENTS: We could always use support from members outside our home group.

### **MIDDLE OF NOWHERE: CLOSED AFTER 14 YEARS**

Tuesday @ 7:00 PM  
The First Christian Church  
208 South Cross St. Albany, KY  
This Is a Non-Smoking - Closed Discussion Meeting  
Current Month's Contributions to ASC: \$22.00  
GSR: Keith H.  
Traditions Are Being Followed  
Financial Obligations Are Being Met.  
COMMENTS: *Middle of Nowhere Albany, KY meeting for 14 years is CLOSING due to lack of participation. Thanks for allowing this group to be part of this Area.*

### **UNITY GROUP:**

Thursday's Tradition Study @ 7:00 PM  
4th Dimension Club, 222 West Ave. Crossville, Tn  
Current Month's Contribution to ASC: \$  
Average Attendance  
GSR: Jeff J.  
Traditions Are Being Followed.  
Financial Obligations are Being Met  
COMMENTS: *We are currently on the 5<sup>th</sup> Tradition.*

## **WHO ARE YOU?**

Who Are You Group Meets Friday 1:30 PM @ Bledsoe Prison

Current Contribution to ASC: \$00.00 (Special circumstance regarding financial obligations, because members of this group are inmates)

Average Attendance 45-50

GSR: Dale S.

Chair Person: George S.

New Officers:

Traditions Are Being Followed.

COMMENTS: *Any member wishing to support this meeting – see me to get information needed to get a State Volunteer Badge. There is a Sponsor by Mail project being developed . Information will be available when established by the H&I committee.*

## **GETTING STARTED:**

Monday, Wednesday, Friday @ 8:00 AM,

Saturday @ 10:00 AM

4<sup>th</sup> Dimension Club, 222 West Ave. Crossville, Tn

Current Month's Contribution to ASC: \$50.00

Average Attendance 7-14

GSR: Carl P.

Treasurer: Mark H.

Traditions Are Being Followed.

Financial Obligations are Being Met

COMMENTS: *Meeting doing well.*

## **New Beginnings:**

Saturday @ 9:00 AM EST.

Tuesday @ 7:00 PM EST

First United Methodist Church, 234 N. Main St. Oneida, TN

Current Month's Contribution to ASC: \$ 00.00

Average Attendance 6-13

GSR: Eddie B.

Treasurer: Rhonda W.

Literature: Brent N.

Traditions Are Being Followed.

Financial Obligations are Being Met

COMMENTS: *Both Meeting doing really well.*

## **New Way to Live:**

Tuesday @ 7:00 AM EST.

Church of Christ, 129 S. Chamberlain Ave. Rockwood, TN

Current Month's Contribution to ASC: \$21.61

Average Attendance 4-6

GSR: David L.

GSR-Alt: Stephanie V

Traditions Are Being Followed.

Financial Obligations are Being Met

COMMENTS: *Meeting is doing well and slowly growing....needs support*

## **Free and Clean: ABSENT**

Wednesday @ 6:00 PM CST.

Southeastern Regional Correctional Facility

Current Month's Contribution to ASC: \$

Average Attendance:  
GSR: Anthony G.  
Treasurer:  
Literature: Terrell  
New Officers:

## **8 OUT 9 GROUPS REPORTING.....**

No new groups requesting to join the area.....

## **OPEN FORUM**

Area Inventory was held earlier today, a report will be presented next month. Setting up email addresses for

Outreach, PI, H&I, secretary and Website facilitator on the UCANA.org web site was discussed.

## **AREA TRUSTED SERVANT REPORTS: TREASURER'S REPORT:**

Balance is \$1315.86

Statement enclosed in archives.

Report Accepted

## **SECRETARY'S REPORT: VACANT**

## **RCM REPORT:**

Things went really well at the Regional meeting this time. The Chair was not present so Ken H facilitated the meeting and he did an excellent job. We got to take a lunch break and still we finished before 3 PM.

We have a new area called the Stones River Area, due to incomplete note taking on my part I cannot provide a location at this time, more will be revealed. The SZF is in Lexington, KY Jan 23<sup>rd</sup> thru 25<sup>th</sup>, go to SZFNA.com for flyers. Outreach is going strong and is in the process of updating the state map that we use on our web site. Outreach and H&I are both requesting info regarding needed workshops in each area, this is how both of these subcommittees figure their budgets. There was quite a bit of discussion about forming ad-hoc committees to handle tasks that we already have subcommittees in place for, such as Regional Assembly. Outreach expressed a willingness to be involved in facilitating this event, and sees no reason for an ad-hoc to be formed. In new business we have 4 motions and 2 nominations to be voted on.

**Nomination #1** was made by Chattanooga and seconded by Mountain Area. The nomination is for Sherree F. for VRSC Activities Chair.

**FAILED 0-1-5**

**Nomination #2** was made by GNA and seconded by MTA. The nomination is for Melvin S. for VRSC Vice-Chair.

**FAILED 0-1-5**

**Motion #1** was made by VRSC H&I Subcommittee and seconded by Mid-West Area and reads as follows: Volunteer Region H&I Budget 2009: February 2009 to February 2010. \$430 for literature, \$90 for copies, \$350 for workshops. \$870 Total Budget to be voted on. 2008's Budget was \$3,839.00. We spent \$447.00 in 2008. Intent: So the Regional body and it's members can plan to use it's funds responsibly.

**PASSED 3-0-3**

**Motion #2** was made by Mid-West Tn. and seconded by GNA and reads as follows:  
Article XI Section 13 A amended to say – The VRSC shall reimburse the Administrative Committee members as defined in Article VI Section 1, a sum of \$.25 per mile. This section currently reads – The VRS shall reimburse the Administrative Committee members as defined in Article VI Section 1 a sum of \$.40 per mile. Intent: To bring expenditures in line with actual cost. Prudence with NA funds.

**PASSED 3-0-3**

**Motion #3** was made by Mid-West Tn. and seconded by GNA and reads as follows: Article XI Section 16 amended to read – Region to fund mileage for RCM's and Area Subcommittee chairs to and from VRSC meetings at \$.25 per mile. This section currently reads – Region to fund mileage for RCM's and Area Subcommittee chairs to and from VRSC meetings at \$.40 per mile. Intent: Gasoline prices are now at a +5 year low. This change will bring reimbursement in line with actual cost for these expenditures. Prudence with NA funds.

**PASSED 3-0-3**

**Motion #4** was made by Mid-West Tn. and seconded by GNA and reads as follows: Article VI Section 2 Nominations – Remove the sentence “Nominees are to be nominated only from their respective Area”.

Intent: To remove conflict in this section of guidelines which limits pool of available members in a manner that should be viewed as governing.

**FAILED 0-1-5**

Given by Randy E.

Report accepted

## **SUBCOMMITTEE REPORTS: HOSPITAL & INSTITUTIONS**

We held the monthly meeting prior to the area meeting. We followed our regular subcommittee meeting agenda. Last month's minutes were read and approved. Carl gave his report from the Cumberland Co. Justice Center. Carl is the only volunteer, cannot find anyone willing to make commitment to help. No lone rangers. Amanda is contacting Steve S to notify facility to make them aware of current situation. It is our hope that the problem can be overcome with an H&I Learning Day to get new Volunteers.

Dale made report on Fentress Co. All is ok. Re-commitment fulfilled, well-received by sheriff. The sponsorship by Mail Program is being put together with the Southeastern Correctional Facility to provide sponsors for the “Who Are You” Group of the UCANA. The specifics of this project are being developed in an ongoing basis.

More information will be presented when available.

Report Given By

Dale S

## **PUBLIC INFORMATION**

The UCANA PI Subcommittee met on January 16<sup>th</sup>. There were 9 in attendance. The 2<sup>nd</sup> IP rack was delivered to the Cumb Co Health Dept by Mark H and Amanda M. There are now 2 racks: 1 at Health Dept and 1 at Rural Health Clinic. Also discussed was the email address [outreach@natennessee.org](mailto:outreach@natennessee.org) on the schedules this needs to be changed to an email of UCANA. The sponsorship by mail project is being formulated. The webmaster gave his report. There were 344 unique IP visits. The newsletter was downloaded 275 times, the schedule 23 times, the UCANA guidelines 19 times and the Newsletter Guidelines 19 times. Kevin F (The Twin Lakes PI Chair) reported on the DeKalb Co EMS request. The information they requested was mailed. The last PI learning day was October 20, 2007, upcoming learning days was discussed, and more will be revealed. Michele S reported on experiences with Plateau Mental Health and the Dept of Human Services not having basic knowledge of NA. Discussion was held on

contacting them with the request of a presentation and/or an IP rack to be displayed in their facilities.  
Motion made to purchase 100 IP's (\$23.00) for 2 racks. Dale S reported there is a 16 pocket IP rack that can be used.

Report given by

Amanda M

Report accepted.

## **PHONE-LINE**

Calls being answered, bills paid. Phone line Learning Day March 7 10-3

Next meeting Friday Night February 13th, 2008 @ Crossville NA facility.

Report Given by

Keith H.

Report accepted.

## **LITERATURE (from ASC meeting of 12/21/08)**

Sales to groups \$ 120.00

Subcommittee Order \$ 33.10

Individual \$ 28.00

Total \$ 181.60

Purchases \$157.48

Given by Mark H.

Report accepted.

## **NEWSLETTER**

All is well, but as always is in need of submissions. We have begun putting NA birthdays in the Newsletter.

Please email your clean date to the Guardian Newsletter if you would like to see your NA Birthday in the Newsletter. We had expenses of \$21.07 for the month of January.

Given by Randy E.

Report accepted

## **POLICY & PROCEDURE**

No activity at this time

## **OLD BUSINESS:**

Voted on Regional Motions (see RCM Report)

## **NEW BUSINESS:**

Motion Made: To purchase 100 IP's for the IP Racks

Made By: Amanda M.

Seconded By: Carl P.

Intent of Motion: To carry the message thru Public Information

**MOTION PASSED**

Motion to adjourn was Made and passed

Next area meeting will be at Crossville NA facility on February 15, 2008