

*RELAPSE
AND
RECOVERY*

1962

Relapse + Recovery

parallel basically

In many ~~cases~~ ^{as} continuous abstinence
 + recovery ~~are~~ ^{are} considered synonymous & therefore
 noteworthy, while relapsers are sort of pushed
 aside or worse yet used as statistics that in
 no way give a true picture of the entire
 addiction pattern. We in the recovery
 program of N. A. have noted, with some
 satisfaction, that many of the relapsers, ^{when}
 again active ^{in their present} in ~~addiction~~ or substitute addic-
 have dropped many of the parallel behaviors
 that characterized them in the past, this change
 alone is significant to us. However, ^{in some degree}
 has penetrated the character ^{of these people} ~~of these people~~ *
 that in some cases we do not find ^{roughly} the
 completely abstinence where other disciplines
 may continue to cause them trouble with
 society or the law. * Complete + continued
 abstinence however is still the best ground
 for growth + in close association + identification
 with others in N. A. groups our chances for
 recovery + complete freedom, in a changing creative
 form are enhanced a hundred fold. Altho all
 addicts are the same in kind we do as
 individuals differ in degree of sickness + rate of
 recovery. There may be times when a relapse
 runs the around work for complete freedom + as others

Had them as that completely obedient, when other disciplines are adequate
 from enjoying complete recovery + acceptance within society.

only a grim & obstinate willfulness to hang on
to poverty come hell or high water until a crisis
passes that freedom can be achieved. Any addict
who, by any means can ~~reach~~ ^{lose} ~~find~~ for a time
the need or desire to use and ~~use~~ has free
choice over impulsive thinking & compulsive
action ~~has~~ reached a turning point that
may be the decisive factor for that individual
in his turning

The turning of independence & freedom, hangs here
at turns in the balance. ~~The path is~~ To step
out alone & run our own lives again, draws us,
yet we seem to know that what we have has
come from dependence on ~~higher power~~ ^{power greater than ourselves} & accepting help from others in acts of empathy.

Many turns in our journey the old bugaboos
will haunt us, life may again become
meaningless, monotonous & boring, we may
try ~~to~~ repeating the new ideas we have learned
& yet we know that if we fail to repeat them
we will surely take up our old
practices, we suspect that if we do not use
what we have, we will lose what we have.

These turns are often the periods of our greatest
growth, our minds & bodies seem tired of it
all, yet the deep dynamic forces of turnover or
true conversion may be working to give

