

Why We Use The 3rd Edition, Revised Basic Text w/the original 4th and 9th Traditions (“Baby Blue”)

At the World Service Conference in 1985, a motion was made by the WSC Lit chair "that the WSO be instructed to have the Basic Text professionally edited to ensure consistent and correct use of capitalization, verb tenses, gender, singular/plural endings, and other grammatical errors and that the edited text be returned to the literature review committee for acceptance and approval prior to printing and distribution." At WSC 1986 a series of motions were passed to revise the "Little White Book". These revisions were to eliminate references to "Sobriety", eliminate implied endorsements of Alcoholics Anonymous, change "recovered" to "recovering", and eliminate references to specific drug use. Another motion incorporated these revisions into the Basic Text. The Third Edition Revised was printed because of these changes. The Third Edition Revised stood until the end of 1987 when the WSO introduced the "Professionally Edited" Fourth Edition. The book was published without being sent to the fellowship for approval. This was no light editing, but a major rewrite of the Basic Text. Along with 100's of minor changes there were many conceptual changes and nearly 30 lines missing.

At WSC 1988 the Executive Director, Bob Stone said we could not go back to the 3rd Edition Revised as many Area's wanted because contracts with outside enterprises had been signed and money received. He suggested we "fix" the book by inserting the missing lines. The Fifth Edition was the "fix" that missed the point of the Fellowship's objections to the Fourth Edition. What about the conceptual changes? The 4th and 5th Edition were professionally edited and never submitted to the fellowship for the group conscience approval process.

In November 1981, the approval form of our Basic Text was released for fellowship approval at the 1982 World Service Conference. On May 7, 1982; Page C., the acting World Lit chair made a motion for our text to be approved. It was not printed and distributed until WSC 1983 and we found that the 4th and 9th Traditions had been altered from the book that the fellowship had approved. The WSO objected to the language in the Traditions and the Board of Trustees gave them the go-ahead to delete it in the 1st Edition. Page C. made a motion that our text be restored to "as approved" before any more were printed. This was the 2nd Edition. In 1984 the language in the Traditions were deleted again. This is why we feel the 3rd Edition Revised with the original 4th and 9th Traditions represents the last informed group conscience of the fellowship.

The 4th and 9th Traditions were altered from their approved form by the addicts who control the printing and distribution of our text. Following is a line-by-line comparison of the major differences. I did not include changes that were purely grammatical but any change that could be remotely construed to alter the meaning was included, including the changes that in the 5th Edition that I feel convey our message better. Yes, it's true that there were a few changes that made a positive impact, but as you read, ask yourself whether the few changes that were beneficial outweigh the far higher number of conceptual changes and omissions that diluted our message and altered our philosophy in N.A. The other point is that whether any changes, no matter how beneficial, justifies bypassing the established group conscience process. The Twelve Traditions of Narcotics Anonymous are **not** negotiable.

There are a few conventions I've used that should be explained. All paragraph numbers are from the Fifth Edition, as that is the book that most people reading this will have for reference. Omissions and explanatory notes are in **red**. Additions are **bold**. As I've said before, this is not a complete line-by-line comparison, although for the sake of historical accuracy and good scholarship I will probably do one. I have done my best to be as accurate as possible, but this is tedious business and I nodded out at the keyboard more than once. I welcome any corrections the reader may find. Thanks, Ken D.

3rd Edition Revised	5th Edition
Our Symbol – 1 st paragraph: Simplicity is the <u>keynote</u> of our symbol; it follows the simplicity of our Fellowship. We could find all sorts of occult and esoteric connotations in the simple outlines, but foremost in our minds were easily understood meanings and relationships.	Our Symbol – 1 st paragraph: Simplicity is the key to our symbol; it imitates the simplicity of our Fellowship. All sorts of occult and esoteric connotations can be found in its simple outlines, but foremost in the minds of the Fellowship are easily understood meanings and relationships.
2 nd paragraph: The outer circle denotes a universal and total program that has room within for all manifestations of the recovering and wholly recovered person.	2 nd paragraph: The outer circle denotes a universal and total program that has room within for all manifestations of the recovering person.
3 rd paragraph: The square, whose lines are defined, is easily seen and understood; but there are other unseen parts of the symbol. The square base denotes Goodwill, the ground of both the fellowship and the member of our society. Actually, it is the four pyramid sides which rise from this base in a three dimensional figure that are the Self, Society, Service and God. All rise to the point of Freedom.	3 rd paragraph: The square, whose lines are defined, is easily seen and understood; but there are other unseen parts of the symbol. The square base denotes Goodwill, the ground of both the fellowship and the members of our society. Good will is best exemplified in service; proper service is “Doing the right thing for the right reason.” When Good will supports and motivates both the individual and the Fellowship, we are fully whole and wholly free. Probably the last to be lost to freedom will be the stigma of being an addict.
4 th paragraph: All parts thus far are closely related to the needs and aims of the addict seeking recovery and the purpose of the fellowship seeking to make recovery available to all. The greater the base, as we grow in unity in numbers and in fellowship, the broader the sides and the higher the point of freedom. Probably the last to be lost to freedom will be the stigma of being an addict. Goodwill is best exemplified in service and proper service is “Doing the right thing for the right reason”. When this supports and motivates both the individual and the fellowship, we are fully whole and wholly free.	4 th paragraph: It is the four pyramid sides that rise from the base in a three-dimensional figure that represent Self, Society, Service, and God. All rise to the point of Freedom. All parts are closely related to the needs and aims of the addict who is seeking recovery, and to the purpose of the Fellowship which is to make recovery available to all. The greater the base, (as we grow in unity in numbers and in fellowship) the broader the sides of the pyramid, and the higher the point of freedom.
No preface in 3 rd Rev.	Preface added
Introduction – 3 rd paragraph: . Because of the degree and variety of addiction found within our fellowship, we have approached the solution contained within this book in general terms.	Introduction – 3 rd paragraph: Because of the variety of addicts found within our fellowship, we have approached the solution contained within this book in general terms.
Who Is An Addict – 3 rd paragraph: Addiction is a disease <u>which involves more than simple drug use.</u>	Who Is An Addict – 3 rd paragraph: Addiction is a disease <u>which involves more than the use of drugs.</u>
10 th paragraph: This seems extreme, but many of us have <u>been in this state.</u>	10 th paragraph: This seems extreme, but many of us have <u>been in this state of mind.</u>
11 th paragraph: <u>As our addiction caught up with us,</u> many of us found ourselves in and out of institutions.	11 th paragraph: <u>As our addiction progressed, many of us</u> found ourselves in and out of institutions.
12 th paragraph: When we did seek help, we were really only looking for the absence of pain.	12 th paragraph: When we did seek help, we were only looking for the absence of pain.
16 th paragraph: Many of us did not think we had a <u>problem</u> until the drugs ran out.	16 th paragraph: Many of us did not think we had a <u>problem with drugs</u> until the drugs ran out.

22 nd paragraph: We became aware, however, that drugs were largely responsible for having gotten us into our very worst predicaments.	22 nd paragraph: We became aware, however, that drug usage was largely responsible for some of our worst predicaments.
23 rd paragraph: We had to reach our bottom before we became willing to stop. We were much more motivated to seek help in the latter stage of our addiction. It was easier for us to see the destruction, disaster and delusion of our using.	23 rd paragraph: We had to reach our bottom, before we were willing to stop. We were finally motivated to seek help in the latter stage of our addiction. Then it was easier for us to see the destruction, disaster and delusion of our using.
24 th paragraph: Some of us first saw the effects of addiction on the <u>people with whom we were close</u> . We were very dependent on them to carry us emotionally through life. We felt angry, disappointed and hurt when they <u>had other</u> interests, friends and loved ones.	24 th paragraph: Some of us first saw the effects of addiction on the <u>people closest to us</u> . We were very dependent on them to carry us through life. We felt angry, disappointed and hurt when they <u>found other</u> interests, friends and loved ones.
25 th paragraph: We had given up <u>ever stopping</u> .	25 th paragraph: We gave up <u>the hope that we would ever stop using drugs</u> .
28 th paragraph: If you are an addict, you too can find a new way of life through the N.A. program that would not otherwise be possible . We have become very grateful in the course of our recovery. <u>Our lives have become useful, through abstinence and by working the Twelve Steps of Narcotics Anonymous.</u>	28 th paragraph: If you are an addict, you can find a new way of life through the N.A. program. We have become very grateful in the course of our recovery. <u>Through abstinence and by through working the Twelve Steps of Narcotics Anonymous, our lives have become useful,</u>
What Is The Narcotics Anonymous Program – 1 st paragraph: We have paid dearly with our pain for the right to recover .	What Is The Narcotics Anonymous Program – 1 st paragraph: We have paid <u>for the right to recover with our pain</u> .
2 nd paragraph: <u>We are addicts, surviving against all odds, who meet regularly together. We respond to honest sharing and listen to the stories of our members for the message of recovery. We realize that, at last, there is hope for us.</u>	2 nd paragraph: <u>Surviving against all odds, we are addicts who meet regularly. We respond to honest sharing and listen to the stories of our members for the message of recovery. We realize that there is hope for us at last.</u>
3 rd paragraph: We make use of the tools that have worked for other recovering addicts who have learned to <u>live without drugs in Narcotics Anonymous</u> . & By meeting, talking with , and helping other addicts, we are able to stay clean.	3 rd paragraph: We make use of the tools that have worked for other recovering addicts who have <u>learned in NA to live without drugs</u> . & By meeting, talking, and helping other addicts, we are able to stay clean.
4 th paragraph: Narcotics Anonymous has had many years of experience with literally hundreds of thousands of addicts. This mass of intensive first-hand experience in all phases of illness and recovery is of unparalleled therapeutic value. We are here to share freely with any addicts who want it.	4 th paragraph: Narcotics Anonymous has many years of experience with literally hundreds of thousands of addicts. This first-hand experience in all phases of illness and recovery is of unparalleled therapeutic value. We are here to share freely with any addict who wants to recover.
5 th paragraph: Our message of recovery is based on our own experience. Before coming to the fellowship, we exhausted ourselves trying to “use” successfully, <u>or trying to find out what was wrong with us</u> .	5 th paragraph: Our message of recovery is based on our experience. Before coming to the fellowship, we exhausted ourselves trying to “use” successfully, <u>and wondering what was wrong with us</u> .
Why Are We Here – 3 rd paragraph: Our worth to our jobs, families and friends was little or none. & Perhaps the most painful of all was the desperation of loneliness . & We experienced how powerless we really are .	Why Are We Here – 3 rd paragraph: We had little worth to family, friends or on the job. & Perhaps the most painful <u>feeling of all was the desperation</u> . & We experienced <u>our powerlessness</u> .
4 th paragraph: Surrounded by fellow addicts, we realized that we were not alone . Recovery is what happens in our meetings; each of our lives is at stake.	4 th paragraph: Surrounded by fellow addicts, we realized that we were <u>not alone anymore</u> . Recovery is what happens in our meetings. Our lives are at stake.

5 th paragraph: When we realized we are not able to manage <u>on our own</u> , some of us immediately began experiencing depression, anxiety, hostility and resentment.	5 th paragraph: When we realize that we are not able to manage <u>without drugs</u> , some of us immediately begin experiencing depression, anxiety, hostility and resentment.
6 th paragraph: Before coming into the fellowship, we either felt elated or depressed with very little in between .	6 th paragraph: Before coming into the fellowship, we either felt elated or depressed.
7 th paragraph: What a change from the way we used to be! That's how we know that the N.A. program works. <u>It is the first thing that ever</u> convinced us that we needed to change ourselves, instead of trying to change the people and situations around us. We discover new opportunities. We find a sense of self-worth. We learn self-respect. This is a program for <u>doing just those things</u> . By working the steps, we come to accept a Higher Power's will; this acceptance leads us to recovery.	7 th paragraph: What a change from the way we used to be! We know the N.A. program works. <u>The program</u> convinced us that we needed to change ourselves, instead of trying to change the people and situations around us. We discovered new opportunities. We found a sense of self-worth. We learned self-respect. This is a program for <u>learning</u> . By working the steps, we come to accept a Higher Power's will. Acceptance leads to recovery.
How It Works – 2 nd paragraph: We isolated ourselves, and lived in prisons <u>built out of our loneliness</u> .	How It Works – 2 nd paragraph: We isolated ourselves, and lived in prisons <u>that we built with loneliness</u> .
4 th paragraph: As a result of attending a few meetings, we begin to feel like we finally belong. <i>& (the steps)</i> They are our defense, <u>for addiction is a deadly disease</u> .	4 th paragraph: As a result of attending a few meetings, we begin to feel like we finally belong somewhere . <i>& (the steps)</i> They are our defense <u>against addiction which is a deadly disease</u> .
Step One – 3 rd paragraph: However, we do have a choice after we <u>eliminate all the things we have been telling ourselves to justify our using</u>	Step One – 3 rd paragraph: However, we do have a choice after we <u>stop trying to justify our using</u>
4 th paragraph: We reached the point where we could no longer continue because of physical, mental, and spiritual pain.	4 th paragraph: We reached a point where we could no longer continue using because of physical, mental, and spiritual pain.
6 th paragraph: The mental aspect of our disease is the obsession, or overpowering desire, <u>which leads us to using even when it has destroyed our lives</u> .	6 th paragraph: The mental aspect of our disease is the obsession, or overpowering desire <u>to use, even when we are destroying our lives</u> .
8 th paragraph: Many of us tried to stop using on sheer willpower, and this turned out to be a temporary solution. <i>&</i> We began to see that we had rationalized the most outrageous sort of nonsense in order to justify the mess <u>drugs had made</u> of our lives.	8 th paragraph: Many of us tried to stop using on sheer willpower. <u>This action was</u> a temporary solution. <i>&</i> We began to see that we had rationalized the most outrageous sort of nonsense in order to justify the <u>mess that we made</u> of our lives with drugs.
9 th paragraph: Until we let go of all our reservations, the foundation <u>on which our recovery is based</u> is in danger. Reservations, no matter what they are , rob us of obtaining all the benefits this program has to offer.	9 th paragraph: Until we let go of our reservations, <u>no matter what they are</u> , the foundation <u>of our recovery</u> is in danger. Reservations rob us of the benefits this program has to offer.
10 th paragraph: Now, the question is: "If we are powerless, how can Narcotics Anonymous help?" We begin by asking for help, and this is accomplished by working the Twelve Steps . The foundation is the admission that we, of ourselves, <u>have no</u> power over addiction. When we can accept this, we have completed the first part of Step One.	10 th paragraph: Now, the question is: "If we are powerless, how can Narcotics Anonymous help?" We begin by asking for help. The foundation of our program is the admission that we, of ourselves, <u>do not have</u> power over addiction. When we can accept this, we have completed the first part of Step One. Line deleted from 5th Edition
11 th paragraph: We felt miserable without drugs.	11 th paragraph: We felt miserable without drugs, and our lives were unmanageable .
15 th paragraph: It took a while for some of us to realize <u>how unmanageable our lives had become</u> ; for others <u>of us, this was the only thing of which we could be sure</u> .	15 th paragraph: It took a while for some of us to realize <u>that our lives had become unmanageable</u> . For others, <u>the unmanageability of their lives was the only thing that was clear</u> .

Step Four – 4 th paragraph: Step Four will help us toward our recovery more than we imagine.	Step Four – paragraph 4: Step Four will help us toward our recovery.
5 th paragraph: We take the Fourth Step to <u>gain the necessary strength and insight which enables us to grow.</u>	5 th paragraph: We take the Fourth Step to grow and to <u>gain strength and insight.</u>
6 th paragraph: It is advisable that before we start, we go over the first three steps with a sponsor. These steps are the preparation necessary to have the faith and courage to write a fearless inventory. & Now we are going to start this step, not letting it frighten us.	6 th paragraph: To have the faith and courage to write a fearless inventory, Steps One, Two and Three are the necessary preparation. It is advisable that before we start, we go over the first three steps with a sponsor. & Now we start the Fourth Step and let go of the fear.
13 th paragraph: We write our inventory for ourselves without considering <u>with whom we might share it.</u>	13 th paragraph: We write our inventory without considering <u>the Fifth Step.</u>
17 th paragraph: We are also able to be rid of the stress trapped inside.	17 th paragraph: The stress once trapped inside of us is released.
Step Five – 1 st paragraph: The Fifth Step is the key to freedom. It allows us to live clean in <u>the here and now.</u> Sharing the exact nature of our wrongs sets us free to live. After taking a thorough Fourth Step, we have to deal with <u>what we have found in</u> our inventory.	Step Five – 1 st paragraph: The Fifth Step is the key to freedom. It allows us to live clean in <u>the present.</u> Sharing the exact nature of our wrongs sets us free to live. After taking a thorough Fourth Step, we deal with <u>the contents of</u> our inventory.
2 nd paragraph: We have looked at our wrongs, <u>have seen patterns on paper, and have begun to see deeper aspects of our disease.</u>	2 nd paragraph: We looked at our wrongs, <u>examined our behavior patterns, and started to see the deeper aspects of our disease.</u>
3 rd paragraph: Our Higher Power will be with us <u>when we do this, and will help to free us from the fear of facing</u> ourselves and another human being.	3 rd paragraph: Our Higher Power will be with us <u>during our Fifth Step. We will receive help and be free to face</u> ourselves and another human being.
5 th paragraph: Before coming to Narcotics Anonymous, we felt that no one could ever relate to us or understand the things we had done.	5 th paragraph: Before coming to Narcotics Anonymous, we felt that no one could understand the things we had done.
7 th paragraph: Once we make <u>up our minds</u> and are actually alone with <u>the person we have chosen to accept our confidence,</u> we proceed, with their encouragement.	7 th paragraph: Once we make <u>a choice</u> and are actually alone with <u>that person,</u> we proceed with their encouragement.
8 th paragraph: Some of us <u>have attempted</u> to hide part of our past, <u>and in doing so, have tried desperately</u> to find easier ways of dealing with our inner feelings. We may think that we have done enough by writing <u>everything down, and this is a mistake we cannot afford.</u> This step will expose our motives and our actions for what they really are.	8 th paragraph: Some of us <u>tried</u> to hide part of our <u>past in an attempt</u> to find an easier way of dealing with our inner feelings. We may think that we have done enough by writing <u>about our past. We cannot afford this mistake.</u> This step will expose our motives and our actions.
9 th paragraph: There is always a danger that we will exaggerate our wrongs, <u>and an equal danger that we will minimize or rationalize away</u> our part in past situations. If we are anything like we were when we first entered the N.A. fellowship, we still want to “sound good.”	9 th paragraph: There is always a danger that we will exaggerate our wrongs. <u>It is equally dangerous to minimize or rationalize our part in past situations. After all,</u> we still want to “sound good.”
10 th paragraph: Unfortunately, we <u>ended up fooling ourselves</u> more than anyone.	10 th paragraph: Unfortunately, <u>we fooled ourselves</u> more than anyone.
11 th paragraph: Usually, as we share this step, the listener will share some of his or her story too, <u>and we will find out</u> that the things about ourselves that we thought were so awful or different were not all that unique.	11 th paragraph: Usually, as we share this step, the listener will share some of his or her story too. <u>We find</u> that the things about ourselves that we thought were so awful or different were not all that unique.
12 th paragraph: This initial examination of ourselves usually reveals some <u>things about</u> us that we don't particularly like. However, facing these <u>things</u> and bringing them out in the open makes it possible for us to deal with them constructively.	12 th paragraph: This initial examination of ourselves usually reveals <u>some behavior patterns</u> that we don't particularly like. However, facing these <u>patterns</u> and bringing them out in the open makes it possible for us to deal with them constructively.

Step Six – 2 nd paragraph: Many of us cling to our fears, doubts, and self-loathing or hatred of others because there is a certain distorted security in familiar pain. It seems safer to <u>hold on to</u> what we know than to let go of it for the unknown.	Step Six – 2 nd paragraph: Many of us cling to our fears, doubts, and self-loathing or hatred because there is a certain distorted security in familiar pain. It seems safer to <u>embrace</u> what we know than to let go of it for the unknown.
3 rd paragraph: <u>Those of us who are not humble</u> are humiliated. If we are greedy, we find that we are never satisfied. <u>Where before we could get away with</u> fear, anger, dishonesty or self-pity, <u>we now see</u> where they cloud our ability to think logically.	3 rd paragraph: <u>If are not humble, we</u> are humiliated. If we are greedy, we find that we are never satisfied. <u>Before taking Steps Four and Five, we could indulge in</u> fear, anger, dishonesty or self-pity. <u>Now indulgence in these character defects</u> clouds our ability to think logically.
6 th paragraph: This is a step of willingness. <u>That is</u> the spiritual principle of Step Six. <u>It is as if to say that we are now willing to</u> move in a spiritual direction. Being human we will, of course, <u>wander</u> .	6 th paragraph: This is a step of willingness. <u>Willingness is</u> the spiritual principle of Step Six. <u>Step Six helps us</u> move in a spiritual direction. Being human we will <u>wander off course</u> .
Moved from 4th paragraph in 3rd Rev. and “or shortcomings” added, effectively making “character defects and shortcomings the same thing.	Step Seven – 1 st paragraph: Character defects or shortcomings are those things that cause pain and misery all of our lives. If they contributed to our health and happiness, we would not have come to such a state of desperation. We had to become ready to have God, as we understood Him, remove these defects.
2 nd paragraph: Having decided we want God, as we understand Him , to relieve us of the useless or destructive aspects of our personalities, we have arrived at the Seventh Step. & Humility <u>has a lot to do with</u> getting honest with ourselves, <u>which is something</u> we have practiced <u>from</u> Step One.	2 nd paragraph: Having decided that we want God to relieve us of the useless or destructive aspects of our personalities, we have arrived at the Seventh Step. & Humility <u>is a result of</u> getting honest with ourselves. We have practiced being honest since Step One.
Would be between 3 rd & 4 th paragraphs: Character defects are those things which cause pain and misery all of our lives. If they really contributed to our health and happiness, we would not have come to such a state of desperation. We had to become ready to have God remove these defects.	Moved to 1st paragraph in 5th Ed. and “or shortcomings” added, effectively making “character defects and shortcomings the same thing.
4 th paragraph: If we truly want to be free, we will take a good look at <u>what is pointed out to us</u> .	4 th paragraph: If we truly want to be free, we will take a good look at <u>input from fellow addicts</u> .
6 th paragraph: We change every day to gradually, carefully and simply pull ourselves out of the isolation and loneliness of addiction into the mainstream of life. <u>This comes not from</u> wishing, but from action and prayer.	6 th paragraph: We change every day. We gradually and carefully pull ourselves out of the isolation and loneliness of addiction and into the mainstream of life. <u>This growth is not the result of</u> wishing, but of action and prayer.
8 th paragraph: Accepting the defects of others can help us become humble <u>enough to be relieved of our own defects</u> .	8 th paragraph: Accepting the defects of others can help us become humble <u>and pave the way for our own defects to be relieved</u> .
Step Eight – 1 st paragraph: <u>This step</u> is the test of our new-found humility. Our purpose is to achieve freedom from the guilt we have carried so far, so that we can look the world in the eye with neither aggressiveness nor fear.	Step Eight – 1 st paragraph: <u>Step Eight</u> is the test of our newfound humility. Our purpose is to achieve freedom from the guilt we have carried. <u>We want to</u> look the world in the eye with neither aggressiveness nor fear.
2 nd paragraph: Are we willing to make a list to clear away the fear and guilt that our past holds for us?	2 nd paragraph: Are we willing to make a list of all persons we had harmed to clear away the fear and guilt that our past holds for us?
3 rd paragraph: The Eighth Step starts the <u>procedure of forgiving others and possibly being forgiven</u> by them, forgiving ourselves, and learning how to live in the world.	3 rd paragraph: The Eighth Step starts the <u>process of forgiveness</u> . <u>We forgive others; possibly we are forgiven</u> by them; and finally we forgive ourselves and learn how to live in the world.
4 th paragraph: The damage may be caused by something that is said, done or left undone, <u>and the harm resulting from these</u> words or actions <u>may be</u> either intentional or unintentional.	4 th paragraph: The damage may be caused by something that is said, done or left undone. Harm <u>can result</u> from words or actions, either intentional or unintentional.

5 th paragraph: <u>A problem many of us have with the Eighth Step and the admission of the harm is the belief that we were victims, not victimizers, in our addiction.</u> & We cut away all our justifications and all our ideas of being a victim.	5 th paragraph: <u>The Eighth Step presents us with a problem. Many of us have difficulty admitting that we caused harm for others, because we thought we were victims of our addiction.</u> & We cut away our justifications and our ideas of being a victim.
6 th paragraph: We admit that we hurt others, directly or indirectly, through some action, lie, broken promise, neglect or whatever .	6 th paragraph: We admit that we hurt others, directly or indirectly, through some action, lie, broken promise or neglect.
8 th paragraph: <u>We may not know who it was we wronged. Just about anyone we came in contact with risked being harmed.</u>	8 th paragraph: <u>In some cases, we may not know the persons that we have wronged. While using, anyone that we contacted was at risk.</u>
9 th paragraph: At the same time, we cannot put off completion of this step just because we are not sure <u>we are done. We are never done.</u>	9 th paragraph: At the same time, we cannot put off completion of this step just because we are not sure <u>that our list is complete. We are never finished.</u>
10 th paragraph: Listening carefully to other members share their experience <u>with this step can clean up</u> any confusion we may have about our list and the benefits of it.	10 th paragraph: Listening carefully to other members share their experience <u>regarding this step can relieve</u> any confusion that we may have about writing our list.
11 th paragraph: The Eighth Step <u>is</u> a big change from a life dominated by guilt and remorse. Our futures are changed because we don't have to avoid those we have harmed, and as a result of this step, we've received a new freedom <u>which contributes to the end of</u> isolation. As we realize our need to be forgiven, we tend to be more forgiving. At least, we know we are no longer intentionally making life miserable for people in our recovery.	11 th paragraph: The Eighth Step <u>offers</u> a big change from a life dominated by guilt and remorse. Our futures are changed, because we don't have to avoid those we have harmed. As a result of this step, we receive a new freedom <u>that can</u> end isolation. As we realize our need to be forgiven, we tend to be more forgiving. At least, we know we are no longer intentionally making life miserable for people.
Step 9 – 4 th paragraph: Part of learning how to live is not to take on problems and responsibilities that we are not equipped to deal with.	Step 9 – 4 th paragraph: Part of learning how to live successfully is learning when we need help.
5 th paragraph: <u>To go</u> to someone who is hurting from the burn of our misdeeds can be dangerous	5 th paragraph: <u>Contacting</u> someone who is still hurting from the burn of our misdeeds can be dangerous.
6 th paragraph: . Step Nine helps us with our guilt and others with their anger. Sometimes, the only amend we can make is to stay clean ourselves . We owe it to ourselves and loved ones. & The only way we can make amends to some of the people we have harmed is to contribute to society. Now, we are helping ourselves and other addicts achieve cleanliness.	6 th paragraph: . Step Nine helps us with our guilt and helps others with their anger. Sometimes, the only amend we can make is to stay clean. We owe it to ourselves and loved ones & Sometimes the only way we can make amends is to contribute to society. Now, we are helping ourselves and other addicts to recover.
Step 10 – 3 rd + 4 th paragraph: We don't have to be trapped by our old patterns. Today we have a choice. The Tenth Step can do this for us; it can help us correct our living problems and prevent their recurrence.	Step 10 – 3 rd + 4 th paragraph: We don't have to be trapped by our old patterns. Today we have a choice. The Tenth Step can help us correct our living problems and prevent their recurrence.
6 th paragraph: This allows us to find out where we have gone wrong and admit fault before things get any worse.	6 th paragraph: This allows us to examine our actions and admit fault, before things get any worse.
7 th paragraph: This is a <u>prevention</u> , and the more we <u>do it</u> , the less we will need the corrective part of this step. This is really a great tool. It gives us a way of avoiding grief before we bring it on ourselves. We monitor our feelings, our emotions, our fantasies, and our actions. By constantly looking at <u>these things</u> we may be able to avoid repeating the actions that make us feel bad.	7 th paragraph: This is a <u>preventive action</u> . The more we work <u>this step</u> the less we will need the corrective part of this step. This step is a great tool for avoiding grief before we bring it on ourselves. We monitor our feelings, our emotions, our fantasies, and our actions. By constantly looking at <u>ourselves</u> , we are able to avoid repeating the actions that make us feel bad.
8 th paragraph: In times of trouble we can try the things that worked before . We have the right not to feel miserable .	8 th paragraph: In times of trouble, we can try the things that worked during the good times . We have the right to feel good .

<p>Step Eleven – 2nd paragraph: Many of us really begin to appreciate the fact that we have been clean for awhile when we get to the Eleventh Step. In the Eleventh Step, the life we've been practicing begins to take on a deeper meaning. By the <u>surrender of our control</u>, we gain a far greater power.</p>	<p>Step Eleven – 2nd paragraph: Many of us really begin to appreciate our recovery when we get to the Eleventh Step. In the Eleventh Step, our lives take on a deeper meaning. By <u>surrendering control</u>, we gain a far greater power.</p>
<p>3rd paragraph: We need only to make sure we have a system of belief which works to provide for our needs.</p>	<p>3rd paragraph: We need only make sure that we have a system of belief that works for us.</p>
<p>5th paragraph: The experiences some people talk about <u>in regard to meditation no more apply to us than do their individual religious beliefs</u>.</p>	<p>5th paragraph: The experiences that some people talk about <u>regarding meditation and individual religious beliefs don't always apply to us</u>.</p>
<p>5th paragraph: By the time we get to the Eleventh Step, <u>the factors that could cause problems have usually been dealt with by the actions we have taken in the preceding steps</u>. Our deepest longings and images of the kind of people we would like to be are but fleeting glimpses of God's will for us. Often our outlooks are so limited we can only see our immediate wants and needs.</p>	<p>5th paragraph: By the time we get to the Eleventh Step, <u>character defects that caused problems in the past have been addressed by working the preceding ten steps</u>. The image of the kind of person we would like to be is a fleeting glimpses of God's will for us. Often our outlook is so limited we can only see our immediate wants and needs.</p>
<p>6th paragraph: We have to learn to maintain our new lives on a spiritually sound basis <u>to insure our continued growth and recovery</u>. & We usually feel <u>the difference at the time and see the change in our lives later</u>. When we finally get our own selfish motives out of the way, we begin to find a peace we never imagined. Enforced morality lacks the power that comes to us when we choose to live a <u>spiritually-oriented life</u>.</p>	<p>6th paragraph: <u>To insure our continued growth and recovery</u>, we have to learn to maintain our lives on a spiritually sound basis. & We usually feel <u>something is different in the moment, but don't see the change in our lives till later</u>. When we finally get our own selfish motives out of the way, we begin to find a peace we never imagined possible. Enforced morality lacks the power that comes to us when we choose to live a <u>spiritual life</u>.</p>
<p>7th paragraph: We now know that if we pray <u>to do</u> God's will, we will receive what is really best for us, regardless of what we think.</p>	<p>7th paragraph: We know that if we pray <u>for</u> God's will, we will receive what is best for us, regardless of what we think.</p>
<p>16th paragraph: We are able to set aside some of our personal preference, if necessary, to do this because we learn that God's will consists of the very things we <u>care most about</u>.</p>	<p>16th paragraph: We are able to set aside some of our personal preference, because we learn that God's will for us consists of the very things we <u>most value</u>.</p>
<p>19th paragraph: <u>The way we have sometimes</u> prayed for our wants often got us into the trap of having to live with them once we got them</p>	<p>19th paragraph: <u>Sometimes we</u> prayed for our wants and got trapped once we got them</p>
<p>22nd paragraph: Without this step, it is unlikely that we could ever experience a spiritual awakening, be able to practice spiritual principles in our lives, or carry a sufficient message to attract others to recovery.</p>	<p>22nd paragraph: Without this step, it is unlikely that we could experience a spiritual awakening, practice spiritual principles in our lives or carry a sufficient message to attract others to recovery.</p>
<p>Step Twelve – 2nd paragraph: This awakening within is evidenced by change in our lives.</p>	<p>Step Twelve – 2nd paragraph: This awakening is evidenced by changes in our lives.</p>
<p>11th paragraph: Learning <u>the art of helping others when it is appropriate</u> is a benefit of the N.A. Program.</p>	<p>11th paragraph: Learning <u>to help others</u> is a benefit of the Narcotics Anonymous Program.</p>
<p>14th paragraph: By staying clean we begin to practice <u>such spiritual principles</u> as hope, surrender, acceptance, honesty, open-mindedness, willingness, faith, tolerance, patience, humility, unconditional love, sharing and caring. As our recovery progresses, <u>they</u> touch every area of our lives because we simply try to live this Program in the here and now.</p>	<p>14th paragraph: By staying clean we begin to practice <u>spiritual principles such as hope, surrender, acceptance, honesty, open-mindedness, willingness, faith, tolerance, patience, humility, unconditional love, sharing and caring</u>. As our recovery progresses, spiritual principles touch every area of our lives, because we simply try to live this Program in the here and now.</p>

15 th paragraph: We find incredible joy as we start to learn how to live by the principles of recovery. & It is the joy of watching a person who was really struggling to make it, suddenly, in the middle of helping another addict to stay clean, become able to find the words they need to say coming from within .	15 th paragraph: We find joy as we start to learn how to live by the principles of recovery. & It is the joy of watching a person who was struggling to make it, suddenly, in the middle of helping another addict to stay clean, become able to find the words needed to carry the message of recovery .
16 th paragraph: Realizing the bottom line is staying clean, we can enjoy it .	16 th paragraph: Realizing that the bottom line is staying clean, we can enjoy life .
What Can I Do – 2 nd paragraph: Our disease involves much more than using, and so our recovery must involve much more than simple abstinence.	What Can I Do – 2 nd paragraph: Our disease involved much more than just using drugs , so our recovery must involve much more than simple abstinence.
8 th paragraph: We begin immediately by asking for help and trying out the recommendation of <u>the</u> people at the meetings.	8 th paragraph: We begin by asking for help and trying out the recommendation of people at the meetings.
9 th paragraph: Sponsorship is merely a way of describing the special interest of an experienced member that can mean so much to newcomers after they turn to N.A. for help . Sponsorship is also a two-way street, helping both the newcomer and the sponsor.	9 th paragraph: Line deleted from 5th Ed. Sponsorship is also a two-way street. It helps both the newcomer and the sponsor.
10 th paragraph: As newcomers we find it easier if we have someone whose judgment we trust and <u>can confide in</u> . & Our sponsors and friends can advise us regarding how to work the steps. We can talk over what the steps mean with them.	10 th paragraph: As newcomers, we find it easier if we have someone whose judgment we trust and <u>in whom we can confide</u> . & Our sponsors and friends can advise us on how to work the steps. We can talk over what the steps mean.
13 th paragraph: If we honestly try to do God’s will to the best of our ability, we can handle the results of anything that happens .	13 th paragraph: If we honestly try to do God’s will to the best of our ability, we can handle anything that happens.
The Twelve Traditions of Narcotics Anonymous - It usually isn’t until we get involved with service that someone points out that “personal recovery depends on N.A. unity”, and that unity depends on how well we follow our Traditions. Because we hear about “suggested steps” and “no musts” so often, some of us make a mistake and assume that this applies to groups the way it applies to the individual . The Twelve Traditions of N.A. are not negotiable.	The Twelve Traditions of Narcotics Anonymous - It usually isn’t until we get involved with service that someone points out that “personal recovery depends on N.A. unity”, and that unity depends on how well we follow our Traditions. The Twelve Traditions of N.A. are not negotiable. Line deleted from 5th Ed.
Tradition One – 2 nd paragraph: We are accepted and loved for <u>what</u> we are, <u>instead of</u> “in spite” of <u>what</u> we are.	Tradition 1 – 2 nd paragraph: We are accepted and loved for <u>who</u> we are, <u>not</u> in spite of <u>who</u> we are.
3 rd paragraph: <u>Not only are these</u> common themes in our addiction, <u>but</u> we find that in our recovery we have much in common.	3 rd paragraph: <u>We had</u> common themes in our addiction, <u>and</u> we find that in our recovery we have much in common.
Tradition Two – 1 st paragraph: By nature, we are strong-willed, self-centered people, thrust together in N.A.; <u>mismanagers all</u> ; not one of us is capable of <u>making consistently good decisions</u> .	Tradition Two – 1 st paragraph: By nature, we are strong-willed, self-centered people, who are thrust together in N.A. <u>We are mismanagers</u> and not one of us is capable of <u>consistently making good decisions</u> .
5 th paragraph: However, many will become the role models for newcomers to follow while the self-seeking soon find they are on the outside, causing dissension and eventually disaster to themselves.	5 th paragraph: However, many will become the role models for newcomers. The self-seekers soon find that they are on the outside, causing dissension and eventually disaster for themselves.
Tradition Three – 1 st paragraph: They can be analyzed, counseled, reasoned with, prayed over, threatened, beaten, locked up, or whatever , but they will not stop until they want to stop.	Tradition Three – 1 st paragraph: They can be analyzed, counseled, reasoned with, prayed over, threatened, beaten, locked up, but they will not stop until they want to stop.

<p>2nd paragraph: Desire is our only requirement, and rightly so. & <u>That only the desire to stop using is needed insures that no caste system will develop making one addict superior to another.</u></p>	<p>2nd paragraph: Desire is our only requirement. & <u>With “...a desire to stop using” as the only requirement for membership, one addict is never superior to another.</u></p>
<p>4th paragraph: We feel the ideal state for our fellowship exists when addicts can come freely and openly to an N.A. meeting, whenever and wherever they choose, and leave just as freely if they want.</p>	<p>4th paragraph: We feel that the ideal state for our Fellowship exists when addicts can come freely and openly to an N.A. meeting, whenever and wherever they choose, and leave just as freely.</p>
<p>Tradition Four – 2nd paragraph: One might ask, “Are we truly autonomous? What about our service committees, our offices, activities, and all the other things that go on in N.A.?” The answer is that these things are not N.A. They are services we utilize to help us in our recovery and to further the primary purpose of our groups. Narcotics Anonymous is a Fellowship of men and women; addicts meeting in groups and using a given set of spiritual principles to find freedom from addiction and a new way to live. All else is not N.A. Those things we mentioned are the result of members caring enough to reach out and offer their help and experience so that our road might be easier. Whether we choose to utilize these services is up to the group.</p>	<p>Tradition Four – 2nd paragraph: One might ask, “Are we truly autonomous? Don’t we have service committees, offices, activities, hotlines, and other activities in N.A.?” They are services we use to help us in our recovery and to further the primary purpose of our groups. Narcotics Anonymous is a Fellowship of men and women, addicts meeting in groups and using a given set of spiritual principles to find freedom from addiction and a new way to live. The services that we mentioned are the result of members who care enough to reach out and offer help and experience so that our road might be easier. Lines in red were approved and were removed (without fellowship approval) in the 1st Edition. They only appeared in the 2nd Edition before they were removed again. Their omission has never been truly approved by the fellowship.</p>
<p>5th paragraph: We say that for N.A., autonomy is more than this. It gives our groups the freedom to act on their own to establish their atmosphere of recovery, serve their members, and fulfill their primary purpose.</p>	<p>5th paragraph: It gives our groups the freedom to act on their own to establish their atmosphere of recovery, serve their members, and fulfill their primary purpose.</p>
<p>Tradition Six – 6th paragraph: This Tradition also tells us “who”. A related facility is any place that involves N.A. members. It might be a halfway house, a detox center, a counseling center, a clubhouse or any one of a number of such places. & The second “who” are outside enterprises. An outside enterprise is any agency, business venture, religion, society, organization, related activity, or any other fellowship.</p>	<p>Tradition Six – 6th paragraph: Further the tradition tells us that a related facility is any place involving N.A. members. It might be a halfway house, a detox center, a counseling center, or a clubhouse. & An outside enterprise is any agency, business venture, religion, society, organization, related activity, or any other fellowship.</p>
<p>7th paragraph: This Sixth Tradition goes on to warn us what may happen: “lest problems of money, property or prestige divert us from our primary purpose”. These often become obsessions and shut us off from our spiritual aim. For the individual, this type of abuse can be devastating; for the group, it can be disastrous. When we as a group waver from our primary purpose, addicts <u>die who might have found recovery.</u></p>	<p>7th paragraph: The Sixth Tradition goes on to warn us what may happen: “lest problems of money, property or prestige divert us from our primary purpose”. These problems often become obsessions and shut us off from our spiritual aim. For the individual, this type of abuse can be devastating; for the group, it can be disastrous. When we, as a group, waiver from our primary purpose, addicts <u>who might have found recovery die.</u></p>
<p>Tradition Seven – 1st paragraph: Those dreams we gave up long ago can now become realities.</p>	<p>Tradition Seven – 1st paragraph: Dreams that we gave up long ago can now become realities.</p>
<p>3rd paragraph: Sometimes members who can afford it <u>kick in</u> a little extra to help.</p>	<p>3rd paragraph: Sometimes members who can afford it <u>give</u> a little extra to help.</p>
<p>4th paragraph: Whether the price is money, promises, concessions, special recognition, endorsements, favors, or anything else, it’s too high for us.</p>	<p>4th paragraph: Whether the price is money, promises, concessions, special recognition, endorsements, favors, it’s too high for us.</p>

Tradition Eight – 2 nd paragraph: By this, we mean we have no staff psychiatrists, doctors, lawyers, counselors, etc. Our program works by one addict helping another. <u>By employing</u> professionals in N.A., we would destroy our unity.	Tradition Eight – 2 nd paragraph: By this, we mean we have no staff psychiatrists, doctors, lawyers, or counselors. Our program works by one addict helping another. <u>If we employed</u> professionals in N.A groups , we would destroy our unity.
3 rd paragraph: Many of our members are professionals in their own right. <u>It is just that</u> there is no room for professionalism in N.A.	3 rd paragraph: Many of our members are professionals in their own right, <u>but</u> there is no room for professionalism in N.A.
Tradition Nine – 2 nd paragraph: It says that we may create service boards or committees to serve the needs of the Fellowship. None of them has the power to rule, censor, decide, or dictate. They exist solely to serve the Fellowship, but they are not a part of Narcotics Anonymous.	Tradition Nine – 2 nd paragraph: It says that we may create service boards or committees to serve the needs of the Fellowship. They exist solely to serve the Fellowship. Red lines were approved but taken out in 1st Ed. (without approval). See note in 4th Tradition.
Tradition Ten – 2 nd paragraph: If we do this and keep our <u>reputation good</u> , we will surely grow.	Tradition Ten – 2 nd paragraph: If we do this and keep our <u>good reputation</u> , we will surely grow.
Tradition Eleven – 2 nd paragraph: As groups gathered together we offer recovery.	Tradition Eleven – 2 nd paragraph: As groups, we offer recovery.
Tradition Twelve – 1 st paragraph: A dictionary definition of anonymity is “a state of bearing no name”. In keeping with <u>this</u> , the “I” becomes “we”. The spiritual foundation becomes more important than any one particular group or individual.	Tradition Twelve – 1 st paragraph: A dictionary definition of anonymity is “a state of bearing no name”. In keeping with <u>Tradition Twelve</u> , the “I” becomes “we”. The spiritual foundation becomes more important than any one <u>group</u> or individual.
4 th paragraph: The drive for personal gain in the areas of sex, property and social position, which brought so much pain in the past, falls by the wayside if <u>the principle of anonymity is adhered to</u> . Anonymity is one of the basic elements of our recovery and so it pervades our Traditions and our fellowship.	4 th paragraph: The drive for personal gain in the areas of sex, property and social position, which brought so much pain in the past, falls by the wayside if <u>we adhere to the principle of anonymity</u> . Anonymity is one of the basic elements of our recovery and it pervades our Traditions and our fellowship.
Recovery and Relapse – 1 st paragraph: We have seen addicts come to our fellowship, try our Program and stay clean for a period of time. They lost contact with other recovering addicts and eventually returned to active addiction. They forgot that it is really the first fix, pill, drink, snort or toke that starts the deadly cycle all over again. They tried to control it, to use in moderation, or to use just certain drugs. None of these <u>worked for them</u> .	Recovery and Relapse – 1 st paragraph: We have seen addicts come to our fellowship, try our Program and stay clean for a period of time. Over time some addicts lost contact with other recovering addicts and eventually returned to active addiction. They forgot that it is really the first drug that starts the deadly cycle all over again. They tried to control it, to use in moderation, or to use just certain drugs. None of these control methods work for addicts .
2 nd paragraph: They tell us that the relapse was more horrible than before they first found N.A. We have never seen a person <u>relapse who lives the Narcotics Anonymous program</u> .	2 nd paragraph: They tell us that the relapse was more horrible than earlier use . We have never seen a person <u>who lives the Narcotics Anonymous Program relapse</u> .
3 rd paragraph: Other times we see relapsers lost for years, living in misery. Those who make it to jail or institutions may survive longer and perhaps have a reintroduction to N.A.	3 rd paragraph: Often we see relapsers lost for years, living in misery. Those who make it to jail or institutions may survive and perhaps have a reintroduction to N.A.
4 th paragraph: <u>As an incurable disease, drug addiction is subject to relapse.</u>	4 th paragraph: <u>Because addiction is an incurable disease, addicts are subject to relapse.</u>
7 th paragraph: Part of our addictive pattern is that we can never get enough of whatever we think we want. & This is when we need the fellowship the most .	7 th paragraph: Part of our addictive pattern is that we can never get enough. & This is when we need the Fellowship.
8 th paragraph: When we realize that we have made a bad decision or bad judgment, our inclination is to make an attempt to rationalize it.	8 th paragraph: When we realize that we have made a bad decision or bad judgment, our inclination is to rationalize it.
20 th paragraph: Just one fix, pill, drink, snort, or toke will interrupt the process of recovery.	20 th paragraph: Any use of drugs will interrupt the process of recovery.
24 th paragraph: The first thing to do is to get clean.	24 th paragraph: The first thing to do is to stay clean.
25 th paragraph: Going to meetings as often as available will reduce the shock of change.	25 th paragraph: Going to meetings as often as possible will reduce the shock of change.

30 th paragraph: Another type of <u>relapser does not keep being clean as top priority.</u>	30 th paragraph: Another type of <u>relapse happens when being clean is not the top priority.</u>
35 th paragraph: Daily practice of our Twelve Step program enables us to change from what we were to <u>what our Higher Power would have us become.</u>	35 th paragraph: Daily practice of our Twelve Step program enables us to change from what we were to <u>people guided by a Higher Power.</u>
We Do Recover – 14 th paragraph: When we are willing to follow this course and take advantage of the help available to us, a whole new life <u>opens up</u> . In this way, we do recover.	We Do Recover – 14 th paragraph: When we are willing to follow this course of action and take advantage of the help available to us, <u>a whole new life is possible</u> . In this way, we do recover.
Just For Today–Living The Program - 1 st paragraph: Our own self-will leads to many problems in our recovery; we want and demand that things go our way. & Worrying is the practice of lack of faith.	Just For Today–Living The Program - 1 st paragraph: Our own self-will leads to many problems in our recovery. We want and demand that things always go our way. & Worrying is a lack of faith.
2 nd paragraph: Surrendering our will puts us in contact with a Higher Power which fills the empty place inside that nothing could ever fill before .	2 nd paragraph: Surrendering our will puts us in contact with a Higher Power which fills the empty place inside that nothing could ever fill.
10 th paragraph: Three basic spiritual principles are Honesty, Open-mindedness, and Willingness to try . We say these are the HOW of our program.	10 th paragraph: Three basic spiritual principles are honesty, open-mindedness, and willingness. These are the HOW of our program.
11 th paragraph: Rigorous honesty is the most important tool we have in learning to live for today.	11 th paragraph: Rigorous honesty is the most important tool in learning to live for today.
14 th paragraph: Honesty, open-mindedness and willingness to try , work hand-in-hand.	14 th paragraph: Honesty, open-mindedness and willingness work hand-in-hand.
17 th paragraph: As recovering addicts, we <u>have a lot to be grateful for</u> .	17 th paragraph: As recovering addicts, we <u>come to know gratitude</u> .
19 th paragraph: <u>We anger more slowly and forgive more easily</u> . We learn about love from members of Narcotics Anonymous . Through the love we receive in our fellowship we begin to feel lovable ourselves, a feeling totally alien to our old egocentric selves.	19 th paragraph: <u>We are slower to anger and quicker to forgive</u> . We learn about the love that we receive in our fellowship. We begin to feel lovable which is a feeling totally alien to our old egocentric selves.
20 th paragraph: Resentments are reliving of past experiences again and again in our minds , and fear is our response to the future.	20 th paragraph: Resentments are reliving past experiences again and again, and fear is our response to the future.
22 nd paragraph: From the isolation of our addiction, we find a fellowship of people with the common bond of recovery. & At first it feels awkward to share our feelings. & In this way we find the strength we need when we need it the most .	22 nd paragraph: From the isolation of our addiction, we find a fellowship of people with a common bond of recovery. & At first it feels awkward to share feelings. & In this way we find the strength that we need.
23 rd paragraph: Things we need to hear will surface and become clear er to us.	23 rd paragraph: Things we need to hear will surface and become clear to us.
25 th paragraph: If someone with a drug problem comes to us seeking recovery and is willing to try , we gladly share with them how we stay clean.	25 th paragraph: If someone with a drug problem comes to us seeking recovery, and is willing, we gladly share with them how we stay clean.
More Will Be Revealed – 7 th paragraph: We experience new sensations, such as finding out what it is to love, to be loved, to know that people care about us, and to have concern and compassion for others. We find ourselves doing <u>things that we never thought we would be doing, and enjoying them</u> .	More Will Be Revealed – 7 th paragraph: We experience new sensations: to love, to be loved, to know that people care about us, and to have concern and compassion for others. We find ourselves doing <u>and enjoying things that we never thought we would be doing</u> .
8 th paragraph: Often our minds will even manufacture additional pain as an excuse to use. & Being alone during such times would give our disease too much leeway to take over.	8 th paragraph: Often our minds will manufacture additional pain as an excuse to use. & Being alone during such times would give our disease an opportunity to take over.
9 th paragraph: Remember that we- <u>not our doctor</u> -are ultimately responsible for <u>the risk we expose ourselves to</u> .	9 th paragraph: Remember that we, <u>not our doctors</u> , are ultimately responsible for <u>our recovery and our decisions</u> .
10 th paragraph: It is amazing how our minds will go back so quickly to our old ways and old thinking.	10 th paragraph: It is amazing how our minds will go back to our old ways and old thinking.

11 th paragraph: Before, we were unable to even conceive of the thought that problems <u>bring</u> gifts. This may be finding strength within ourselves that we never knew before or regaining the feeling of self-respect we had lost.	11 th paragraph: Before recovery , we were unable to even conceive of the thought that problems <u>brought</u> gifts. This gift may be finding strength within ourselves or regaining the feeling of self-respect we had lost.
12 th paragraph: Spiritual growth, love and compassion are but idle potentials until shared with a fellow addict.	12 th paragraph: Spiritual growth, love and compassion are idle potentials until shared with a fellow addict.
13 th paragraph: By carrying this message to another addict, we are <u>well reminded of where we come from</u> . & In the process of answering the questions of another, <u>we become more clear in our thinking</u> .	13 th paragraph: By carrying this message to another addict, we are <u>reminded of our own beginnings</u> . & In the process of answering the questions of another, <u>our own thinking becomes clearer</u> .
14 th paragraph: We have learned to value <u>others' respect for us</u> . We are pleased when people can now depend on us. & Our opinions are at times sought and valued by non-addicts in areas other than addiction and recovery.	14 th paragraph: We have learned to value <u>the respect of others</u> . We are pleased when people depend on us. & Our opinions are sought and valued by non-addicts in areas other than addiction and recovery.
16 th paragraph: We are each other's eyes and ears; when we do something wrong our fellow addicts help us to help ourselves by showing us what we cannot see.	16 th paragraph: We are each other's eyes and ears; when we do something wrong, our fellow addicts help us by showing us what we cannot see.
26 th paragraph: We need to tread carefully into areas that expose us to ego-inflating experience, prestige and manipulation that may be difficult for us to deal with .	26 th paragraph: We need to tread carefully into areas that expose us to ego-inflating experience, prestige and manipulation that may be difficult for us.
27 th paragraph: Narcotics Anonymous offers only one promise and that is freedom from active addiction, the solution that eluded us for so long. We will be freed from our self-made prisons.	Identical wording to Fifth Edition. Appears later in 3rd Rev.
28 th paragraph: Recovering in the here and now, the future becomes an exciting journey.	28 th paragraph: We are recovering in the here and now and the future becomes an exciting journey.
29 th paragraph: We become increasingly open-minded and open to new ideas in all areas of our lives. Through active listening, we hear things that work for us. This ability to listen is a gift and grows as we grow spiritually.	29 th paragraph: We become increasingly open-minded which opens the door for new ideas, in all areas of our lives. Through active listening, we hear things that work for us. This ability is a gift and grows as we grow spiritually.
Moved forward in the 5th Edition.	Narcotics Anonymous offers only one promise and that is freedom from active addiction, the solution that eluded us for so long. We will be freed from our self-made prisons.