



**The Rainbow  
Connection**

## **HOW IT WORKS - THE TWELVE STEPS OF N.A.**

- 1. We admitted that we were powerless over our addiction, that our lives had become unmanageable.**
- 2. We came to believe that a power greater than ourselves could restore us to sanity.**
- 3. We made a decision to turn our will and our lives over to the care of God as we understood Him.**
- 4. We made a searching a fearless moral inventory of ourselves.**
- 5. We admitted to God, to ourselves, and to another human being the exact nature of our wrongs.**
- 6. We were entirely ready to have God remove all these defects of character.**
- 7. We humbly asked Him to remove our shortcomings.**
- 8. We made a list of all persons we had harmed, and became willing to make amends to them all.**
- 9. We made direct amends to such people wherever possible, except when to do so would injure them or others.**
- 10. We continued to take personal inventory, and when we were wrong, we promptly admitted it.**
- 11. We sought through prayer and meditation to improve our conscious contact with God, as we understood Him, praying only for knowledge of His will for us, and the power to carry that out.**
- 12. Having had a spiritual awakening as a result of those steps, we tried to carry this message to addicts and to practice these principles in all our affairs.**





.....WE ARE RESPONSIBLE TO THOSE WE SERVE.....

I am Tommy B. and I am a drug addict. I am also Chairman of the 1980 World Service Conference of N.A. I feel that each and every member of the Program should have a good understanding of the World Service Conference and that is why I am writing this article.

In order to get a really good picture we first need to step back through the Service Structure and move up to the World Service Conference.

It all starts in a business meeting held after the regular N.A. meeting. Because a good number of members don't understand that their voice can affect the Fellowship as a whole, business meetings are much smaller in attendance -but these meetings are the basis of the Fellowship. Besides you, your Secretary and your Treasurer, another person who should be at this meeting is your G.S.R. (Group Service Representative, whom you elected to this office in your business meeting). It is his main responsibility to take the problems and decisions that you make in this meeting and report it to the Area Service Committee. The Area Service Committee does basically the same thing that you did at your meeting with your General Service Representative carrying your group conscience and vote into that business meeting. From there, the A.S.R. (Area Service Representative who is elected by your G.S.R. and G.S.R.'s of other groups out of the A.S.C. meeting), takes your group conscience and vote to the Regional Service Committee which is comprised of representatives from other areas in your Region. At the Regional Service Committee meeting a Regional Service Delegate is elected by this body to carry your vote and group conscience to the World Service Conference. In the event that an area has no Regional Service Committee an Area Service Committee can send one delegate to represent it's area. From there your Regional Service Delegate along with the other participants of the World Service Conference from all over the world hash out problems pertinent to N.A., as a whole uses your vote and your group conscience.

Now that I have brought you all the way through to the Conference, the question arises of what type things affect N.A. as a whole.

The top of the list seems to be literature. There is an extensive and intricate process which literature goes through before it is approved. I can't go into all the mechanics of the procedures in this article but I will say that it begins and ends with you. You have to write and submit the literature and also have the final vote which travels back to the World Service Conference via the process mentioned earlier. Literature is the only thing approved by the World Service Conference. The rest of our time is spent deciding policies, and in helping each other work out problems that cannot be worked out on a more local level. As you can see, the World Service Conference does not dictate to you - you dictate to it.

It is not a power over you - you are a power over it. It does not control you - you control it. It does affect you, but only in whatever way you affect it. We, the participants of the World Service Conference, are not the heirarchy of N.A. - you are.

I believe I can speak for all World Service Conference participants in thanking you for your confidence in us to carry this job out for you.

There is a lot more that can be said about the mechanics and structure of the World Service Conference than I am able to put in this article but all of that can be found in detail in your service manual.

Thanks for allowing me this opportunity to try and partially clarify how World Service Conference works and what it is all about. I will be expecting to hear your voice at this year's conference.

Yours in loving service,

*Tommy B.*

Tommy Burcher  
Chairman,  
World Service Conference

\*\*\*\*\*CONNECTION\*\*\*\*\*

"How well it works is in no way related to how well I understand it."

- How soon should people start using the steps?
- How soon do they want to start getting well?

## AM I AN ADDICT ?

by Page C - Atlanta

This question is one that can only be answered by yourself. If you are an addict and refuse to admit it, it doesn't matter who or how many other people are aware of your disease, because before any progress can be made toward recovery, you must first admit and accept the fact that you are powerless over drugs.

This is not an easy thing for many of us to do. All through our usage we tell ourselves "I can handle it." Maybe this was true at the beginning but it is not so now. The drugs handle us. We avoided places and people that didn't condone our usage. We spend our money on drugs first and if any money can be spared we may or may not eat. We assumed everyone in the World was crazy while we were the only sane people. We couldn't understand why some people didn't want to use 24 hours a day. The thought of running out of dope left us with a feeling of impending doom. Peace of mind was non-existent. The only relief was a short lived nod.

If you are like us, you have tried to do it yourself. Maybe under extreme duress you were able to stay clean for a while, two weeks maybe or a month. Many of us didn't see two consecutive days clean. Or maybe you use the beer cure. Or the pot cure. But we as addicts centered our whole existance around "the cure" and soon developed another addiction.

Most of all we became unmanageable. Our lives became unmanageable. Our jobs and family situations became intolerable. We found relief only drugs and alcohol.

The ends to this disease are always the same; jails, institution and death. Some of us hit many institutions and few or no jails. Some of us spend the rest of our lives in jail for a drug related crime or a crime committed under the influence. But the most common pattern is many jails, the institutions, because we are presumed crazy and finally death. But before we die the disease takes from us our pride, our self-esteem, our families and loved ones. And finally our desire to live.

Drug addiction is the disease and N.A. is the cure. I have never seen anyone fail who has throughly followed our path. It is not an instant cure. We continue our recovery until we die. But when we do die we die happy and free. In our disease, we practice dying and in recovery we practice living. We can feel, care, love and we can be loved. We no longer have to be isolated and with time, can feel free to go anywhere and do anything, except use.

4th ANNUAL MINI CONFERENCE  
PANAMA CITY

By the time this issue of the RAINBOW comes out the deadline for pre-registration will be past. If you group rates, contact Jennifer G. at 404/435-4758 or 404/355-3326. Or contact the Miracle Mile Resort Sands Inn in Panama City. If you have registered for a double, triple or a quad make sure your roomates are registered and have paid. Space on the bus should still be available by the time this issue comes out, but they will go fast and you must pay your \$19.00, if you want a place. Checks should be made out to KEEP IT SIMPLE to pay for registration, bus fare and pre-registration for the Sands Inn. If you miss the bus, you may want to car-pool with friends on the program. There is nothing like looking for a service station when one of three cars is about out of gas to make you work your steps. It's almost as good as a relationship. If you are driving, try to get an early start Friday so you won't miss the Friday night meetings. Many flyers have been sent out which contain a registration form which should be used if possible.

RAINBOW CONNECTION

"We Have Needs Too" To create a staff for the Rainbow Connection, We are asking interested members to stay an extra half an hour after the regular scheduled ASC meetings each month. It will not be necessary to attend both ASC's to get in on this. Tom R. will serve as editor. He will attend both ASC's and work to collect material and coordinate the the monthly effort. His phone number is 767-7487. Call if you are interested in helping out with material, art or in some way. We are very grateful to the group response and we hope our newsletter will grow and grow. One way you can help is to subscribe. Right now subscriptions are only \$5.00 per year, but will probably go up soon. As soon as we have a prudent reserve, we will start printing by offset and setting type. This will improve the quality of each issue but it takes money. Right now we just need subscriptions, printable material and artwork. We would love to have a different cover each month. ATTENTION GSR'S: Please deliver the RAINBOW to your group promptly when it comes out each month. Use the green postcards for making group announcements. We suggest that your group copies be held until the --

--over--

next issue comes out. That way they will be available to members who are unable to subscribe. After the new issue comes out each month, the old issues can be given away.

#### NA INFILTRATED BY "INNER CIRCLE" GROUP:

A couple of NA oldtimers sat discussing many areas of vital concern to the Fellowship of Narcotics Anonymous in the Atlanta Area. Many worthy projects undertaken by individual members were failing to get the support they needed to get off the ground. Clearly something needed to be done to correct these wrongs and make sure that responsible members in service were backed up by serious N.A.'s with time in the program and a spirit of dedication to the recovery of the suffering addict. Since both were in complete accord they set forth a list of prospective members of the "inner circle." They thought a long time and considered carefully the ways it might be done. Obviously, they had to keep the "inner circle" secret. They first listed the members who had been serving small groups that needed support and included some of the prison group radicals. To maintain the secrecy a "hi sign" was developed. To make it unmistakable, they settled on a special body hug that would readily identify members of the inner circle to one another. They expressed concern that some worthy trusted servant\* would be left out, but it was agreed that any member who was really worthy would show up in the the N.A. service structure at some point and all would be welcome. This way they felt no self-will would threaten the spirit of the inner circle. They were concerned because they knew that the only sure source of support for their effort was a Loving God. If you suspect any member in your local groups of being involved with this inner circle we recommend absolute secrecy. They are known to attend "area service committees" and take a part in all group activities from coffee chairman to camp outs and beach trips. You might even be tempted to get involved but watch out-your personality will begin to change. You will have less time to spend on yourself and your own "very serious" problems. We'd like to tell you more about this intriguing development but those involved say they don't plan outcomes but only do what they can a day at a time. We'll let you know more if we can but everytime we ask more about it, they just say "get involved".



\*\*\*\*\* PLEASE HELP ME . . . \*\*\*\*\*

I will begin writing this, not knowing who to send it to or what I'm going to say. I hope in doing this I will open a door so that whoever reads it will better understand me, be able to help me, and that it will make me see something in myself that I can better help myself.

My drug addiction began, or came about I should say, as a result of total disillusion with people and events surrounding me. I was raised in a hellish situation, seeing fight after fight between my parents. Never understanding why this came down like it did, it totally confused, hurt, and frustrated me. This went on for fifteen years.

I thought to myself that if this was the 9 to 5 married life game, forget it. I had started playing drums in seventh grade in the band at school, and in the eighth grade, I met two pot smoking drummers who turned me on to the idea of drugs, sex, and rock and roll as a life style. I began listening to the Beatles, Jimi Hendrix and other assorted self appointed "prophets" preaching the glories of dope and the insights, revelations and understanding of life that came through their use. I had always been philosophical and reflective about life, and I identified heavily with these flowery lyrics.

But I held out until tenth grade before I got high. Robert L. Osborne High School was like a drug user's paradise. Pot, speed, acid, mescaline, barbs, PCP, you name it, it was there. Abundant and cheap.

I began by smoking weed, and finally gathered up enough ignorant courage to try mescaline. Mescaline turned out to be a Pandora's box for me. I took this first trip on a Friday night when I had to march with the band at a football game. The game happened to be in Rossville, GA near the Tennessee line. We rode a Greyhound on this first Magical Mystery Tour of mine.

My trip began with a spaced out "cosmic" feeling, progressing to colors and then hysterical laughter. Five of us were tripping, so fried we stayed on the bus and lost our minds while the band went inside a restaurant and ate. The "straight" people took notice of this and began their usual holier-than-thou trip. So I drew the line. I began that night building the wall that would eventually become my self-imposed prison.

My new druggie friends said, "If you think mescaline's great, try acid." So I did. More intense colors, more "insights and revelations". I became engrossed in trying to keep this new way of relating to things

constant. More acid, more mescaline, more pot. Speed, barbs, PCP, etc. all fell in there, too. Anything to keep from being straight.

All this led to my becoming a "rebel without a cause". I raised hell just to show that I was nobody's fool, "nobody's gonna tell ME what to do!" They kicked me out of school at the begining of the 11th grade. I left home, got an apartment with money I had saved, got a job. And did drugs, drugs, drugs. Then all the ones I tried began getting old. Same old high, nothing new. Here come the monkey! MDA is on the way. I ate MDA the first time. But they said, "Shoot it up, you'll love it". So I did. And when I did, I thought it was the ultimate. I wanted to feel that way all the time. I loved everything and everybody. I was in the here and now. So I thought. The MDA I was doing was part MDA, part heroin and part trash. This needle thing kept on for almost three years. I lost weight, grew my hair and went insane. I moved to Tennessee then Florida to try and stop. I moved back to Smyrna and started using immediately.

My needle monkey kept on, not as intense as before, but still there, still enough to spend all my money and waste all my time. Then cam a year of Quaaludes, leading to jail, a car wreck, and the psychiatric ward at Cobb General Hospital.

I'm sick and tired of having nothing but pain and trouble. Of crying and screaming. Of spinning my wheels. Of the lies and the hurt. Please help me so I can help myself. Pray for me and love me, so I can learn to love you and others.

Love,  
Rowland C.  
Smyrna, GA

)))))))))))))))))))))) READY AND WAITING (((((((((((((((((((((((((((

Recently another one of us died. she had come to this program seeking help, yet she died in the street. And what of those who come for a while and go back out? Is there anything we can do? Should we have done more? What about the newcomer?

These are questions that some of us ask ourselves daily, questions sometimes heard in a meeting. But does any of it have a basis to stand on? Let me tell you a story, a story of one of those who went back out. October 28th, 1976, a young man picked up a white chip. Eager to learn of this new way of life, he very quickly became willing to do anything he could and more. He went to meetings, emptied ashtrays, made coffee, talked to people, all the things that we see and say helps our recovery. yet he was still afraid and unable to let go of old ideas still working

to run the show. He found no answer to what he saw as his problem. Blinded by what he saw as important and unwilling to let go of the familiar way of life, he used again. February 2, 1977 he left for home. However, some of what he had learned stayed with him. He had been impressed to the point of infection with the program. On the streets for three years, he continued to see a member of Narcotics Anonymous. Though not on a regular basis, it was enough to see that the member was leading a happy and contented life. As he looked at the members life and then his own, he found his own life lacking what the member had: peace, serenity, joy and love. All of the things that he saw that made a truly happy and enjoyable life. After three years of more misery, the young man came back. Six months on the program, he leads a happy enjoyable life. He has a little of all the things that to him make a good life.

So what can we do? Have we done enough? Can we do more? Ours is to do what we can but the primary purpose of our groups is to help the suffering addict, newcomer and old timer. We must always hold out the hand of help, ready and waiting.

John H.  
Marietta, GA

----- THANKS TO N.A. -----

Hi folks - I'm Diana and I'm powerless over alcohol and drugs. I am from the average middle class family, but I was different from my sister and brother. I was always a lot more sensitive and rebellious. This was noticed at an early age. I was the shy and withdrawn one.

We moved around a lot. I was born in North Carolina and at the age of five, we moved to South Carolina. We finally settled in Savannah, Georgia for several years. I did the biggest part of my so called growing up there. At the age of 12 or 13 my rebelliousness really started to come out in subtle ways. I was mainly rejecting my family. At 14 or 15 I started to learn about drugs - a girl friend and I were very curious. We started experimenting with some over the counter drugs. In 1968 the family moved to Columbia, South Carolina. In between the time I learned we were moving and we actually moved, I made three attempts on my life. The last was the closest - this was the self-destructiveness finally coming out and it stayed out for a long time.

Well we moved and things were alright for a while. I eventually

found the drugs again - just like an addict - and it was downhill from there. In a short time I was in deep. I would do anything I had to to get what I wanted. As time went on, I wanted to die but I was scared to. I though I was crazy and getting worse. My parents and a doctor had tried to put me in the psychiatric ward of a hospital but I had resisted very strongly. I was kicked out of the house as the family could no longer cope with my escapades. I had tried in the past to come off but to no avail. It finally hit a point that I was contemplating suicide again. What happened for me is that during this time of wanting out but not knowing how I met some other people who were where I was. We all pulled together and helped each other.

During this time of not using drugs a lot of things went on. I was drinking heavily off and on. There was no program that I was aware of. I also got married during this time; however after the marriage started falling apart five years later - the inevitable happened - I crossed that invisible line between social and alcoholic drinking. Thank God I didn't have to stay there for years - as I would have died if I had went much longer. I had a very close friend who was in the program of Alcoholics Anonymous. She very patiently worked with me for 4½ months before I finally became clean and sober. Things got better for me and everything was going as to be expected. At about 4 months clean and sober I hit a bad depression that went on for a month before I would reach out for help. The person I reached out to told me to meet them in Atlanta for the 9th World Convention of Narcotics Anonymous. This was my introduction to the program of Narcotics Anonymous. I was five months clean and sober at the time. I found an identity factor that I needed very badly at that time. I kept coming back to Atlanta - a lot because of the N.A. program. I attempted to get an N.A. group going in Columbia. Finally in December of 1979, I surrendered and moved to Atlanta.

The N.A. program helped give me back my life, the identity factor that I couldn't find before, a reason to keep the sobriety I was fighting to hang on to. I have found love and caring - enough so to slowly teach me that it's alright to return it. For years I had been searching for what I have found here. My Higher Power led me here and I know he has plans for me - even though I don't know what. This program of N.A. has truly helped in my sobriety. I don't know that I can ever repay but I'm willing to do what I can to help the still suffering addict.

Thanks to N.A.

Diana H.  
Atlanta, GA

\*\*\*\*\* GROUP CONSCIOUSNESS \*\*\*\*\*

From the beginning newcomers to the program of Narcotics Anonymous hear of the principles of honesty, openmindedness and the willingness to try. As we live and grow together in the Fellowship, we go through many changes and these principles can help us if we apply them in our lives. In time we become intimately knowledgeable of members beyond our immediate circle of friends. Just as we learn to apply spiritual principles in our personal living we will at some point consider their use in our social relations. We can surely find areas in our social relations that need improvement. The guiding principle of love can remind us to first and always examine ourselves. Our fears and our motives can get the best of us if we are not thoroughly honest.

Group consciousness, mindful of our traditions, can rise to a level of spiritual awareness. The sobriety of the group can function in much the same way as sobriety in an individual. Just as the spiritually awakened individual grows more humble, patient and tolerant so can the group. In this atmosphere of supportive awareness the newcomers or old-timers in trouble can be guided out of difficulty by fellow addicts who can truly say there but for the grace of God go I.

As we walk the razors edge of service, it is all too easy to step out of God's will into self will. As compulsive as we are even our spirit of dedication to a group can turn us into bleeding deacons who see the efforts of others to serve the group as a threat to our vision for the group or our role in service. Of course it is an old game for us to see ourselves as mysterious pullers of the strings behind the scenes. In reality fellow members have little difficulty seeing what's up. Like an ostrich hiding it's head in the sand, we usually only fool ourselves into believing ourselves invisible to others. In service we hold ourselves directly responsible to those we serve. If we lead at all, it is only by setting a desirable example.

Gossips will of course appear as our members grow and extend themselves into the consciousness of the group. In honesty we want to remember that information shared by a suffering addict seeking help is privileged and should only be shared to help that person. A few attentive members can usually offset the harm done. At some point the gossip will realize that character assassination is an old game with addicts. Most members with a little time clean and sober look to the source instead of the object of gossip as the one needing help. We may be able to give them this help by honestly sharing our feelings about what we see happening. Other times we have to wait until they are ready

to receive help and ask for it. It may be important to remember that many intolerable situations resolve themselves and don't last for long. Generally those who fall into the trap of gossip become aware of what they are doing and find other ways of getting attention or outgrow their need to avoid self examination. In telling our stories we gossip about ourselves as active addicts. This reminds us of what it will be like if we go back to using. This can give us the benefit of ego deflation at depth from an acceptable source and help render us teachable.

Our sincere desire to help others and the power of our ultimate authority will guide us in our social relations if we remember to ask for help and try not to do too much by ourselves. An addict alone is in bad company but most of us have some learning experiences to go through to become effective members of a group. Bringing our insights and concerns to the attention of the group is vital to the growth and validity of the group. It is only when we attempt to force our views onto others that self will appears. Fortunately the program gives us the ability to let go of self will when it appears. We shouldn't feel unique if we find ourselves beyond the bounds of good service. There is probably no one in N.A. service who hasn't committed this error at one time or another. The important thing to remember is that we don't have to be saints to help people. We share our experience, strength and hope and do the footwork and leave the guidance to our Higher Power. This simple formula has worked many miracles as I am sure we are all aware.

Bo S.  
Marietta, GA

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"There is a principle which is a bar against all information, which is proof against all arguments and which can not fail to keep a man in everlasting ignorance - that principle is contempt prior to investigation."  
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- Herbert Spencer  
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### "IN BETWEEN"

I was conceived in a world beyond my grasp, beyond my knowledge. A world for me to be born in . . . and to die.

But what about the "in between" time? Can I connect birth, life and death into a flowing stream of consciousness? The only decision that is truly mine is how I choose to spend my days, hours and minutes.

Will I develop my being into something of significance? Will I

find contentment and enjoyment deep within the walls of my being, or will I wander through life blindly, unaware of my own purpose? Will I find this for myself or will I perish? Only I can decide!

Pam P.  
Marietta, GA  
February, 1972

--- WHAT I KNOW ABOUT MY DISEASE ---

If only there were a cure for the disease of drug addiction, but there isn't. So many people are affected by this disease that it is mind-boggling to think about. Worse yet is that people don't know about it or don't think they have it. I knew that some drugs were extremely addicting but I had trouble accepting the disease concept. I have come to realize that addiction and everything that comes with it is a disease. I have also come to realize that a Higher Power that I call God is the only thing that will give me relief from the compulsion to use. When a person starts thinking that something will help him, he starts feeling the emotions of joy and love. I think that emotion has a great deal to do with the disease and recovery. I have had sometimes very negative emotions about my life which lead to my addiction. Disappointment and pain lived with me all the time I was using. Until a person like myself finally lets the Spirit or Higher Power into their life, they will be very miserable, blind people. When I finally accepted my disease then I could finally do something about my addiction. Feeling good about myself and other people goes hand and hand with recovery. Positive emotions started me learning how to deal and live with negative emotions. How can I overcome my addictions? The answer is that I will never overcome my addiction. I can cope and grow positive through meetings in N.A. talking and sharing with people and best of all through working the Steps. I am powerless over drugs and to use would only damage what positive emotions I still have. You can recover and live drug free. You can feel good and be grateful that you don't have to die in the gutter using. We do get better if we want to get better.

Steve N.  
Smyrna, GA

\*\*\*\*\* CALENDAR OF EVENTS \*\*\*\*\*  
FOR NARCOTICS ANONYMOUS

4th ANNUAL MINI CONFERENCE will be held at Panama City, Florida on April 11, 12, and 13, 1980. Extra flyers have been sent to Nashville, TN; Decatur, AL; Greenville, NC; and Miami, FL. It should really be something this year. We will be staying at the Sands Inn again this year. If you have any questions or want help making last minute plans call Jennifer G. at 404/435-4758. We have grown so much lately, it will be great to spend a few days with each other. The theme this year is Unity.

WORLD SERVICE CONFERENCE will meet in Los Angeles, CA for the third time. A lot will be happening and some of it may be historical so if you can plan to attend. The money raised at fundraisers which were held in several areas where NA is strong will be applied to the needs of our Fellowship, primarily the World Service Office. Improvements to the Office will help maintain an up to date World Directory and literature distribution.

THIRD ANNUAL PACIFIC NORTHWEST NA CONVENTION will be held May 23, 24 and 25 at the Cosmopolitan Hotel in Portland, OR. Hotel rates and ticket information available by calling 404/427-2086 or writing T.A.P.N.A. Convention, P.O. Box 6531, Portland, OR 97228.

FIRST EAST COAST CONVENTION OF N.A. will be held June 27, 28 and 29 at Bucknell University in Lewisburg, PA. The total package for rooms and meals will be \$48.00. This includes the two nights and the banquet. For more information contact: 1st E.C.C.N.A., P.O. Box 1521, Kingston, PA 18704. The theme is: "NEVER ALONE".

THE TENTH WORLD CONVENTION OF N.A. will take place in Wichita, KS on September 4, 5, 6 and 7. We are still waiting for flyers. Some tapes have been sent to the Program Committee. If you know of a speaker who will be attending, help them out by sending a tape of their pitch.

WE NEED YOU to insure that we announce events which we all want to know about. If you know of something being planned, please write or call us to make sure we know about it and include it in this newsletter. Thanks for your support!



**GROUP AND COMMITTEE**  
**\*\*\*\* ANNOUNCEMENTS \*\*\*\***

**RAINBOW CONNECTION**

We have come a long way since the February issue. I want to thank Diane, Karen, Doug, Jerry, Kathy, Reba, Tommy and Bo for helping with this issue. With continued support from the Area Service Committees, we hope we will continue to be worthy of your trust. Thanks to you the subscribers for making this issue possible. Without you all is lost. Your contribution of material makes it a combined effort. We appreciate your support.

Remember, members of Narcotics Anonymous who want to help us should call, come by or write in. Remain anonymous and who will ever know - YOU.

You can receive your copy of the newsletter for \$5.00 per year. Make sure your group is properly registered with your ASC. Groups outside the Atlanta area can subscribe for the same rate as individuals but will receive extra copies.

Belonging is Service and the rewards are innumerable. We need your support and help. If you can type, draw or spell and enjoy good fellowship while working with your fellow addicts, join us and reap the rewards of Clean Thinking.

Tom R., Editor

**NEW ANSWER**

The old Atlanta West Meeting has a new name: The New Answer Meeting. We now have coffee and cookies and some dynamite newcomers who are dying to meet you. Come on out I-20 West past Six Flags to Thornton Rd. exit.

**PUBLIC SERVICE MANUAL**

A workshop on the new Public Service Manual will be held after the Marietta ASC at 10:00 am Sunday 23rd of March at the Rising Sun. Learn how other areas have successfully carried our message.

**SOUTHSIDE SURVIVORS**

Celebrated a surprise FIRST birthday for Les W. February 12. They will be celebrating a "double" birthday next month Wednesday April 23rd at 8:30 pm. One year clean and sober for Tommy D. and Barbara T. Karen C. will be the speaker.

**ANNOUNCEMENTS**

We cannot announce your groups needs or events without notification from your groups GSR. Please make sure they contact us if you wish to make an announcement. - Thanks! 15

## GROUPS IN METRO ATLANTA

### SUNDAY

12 Step Study Group - Rising Sun  
Highland Group - Highland Club

### MONDAY

Clean and Serene - Ridgeview Ins.  
Feeling Free Group - Peachford Hos.  
New Answer Meeting - Parkway Reg. Hos. 11:00 am Meeting - Highland Club  
Highland Group - Highland Club

### TUESDAY

Open Arms - Brawners Hos.  
New Visions Group - DeKalb Add. Cl.  
Buckhead Group - St. Ann's Epis. Ch.  
Canton Group - No. Ga. Men. Health  
Highland Group - Highland Club  
11:00 am Meeting - Highland Club

### WEDNESDAY

Turning Point Group - P'tree Pkwd.  
Southside Survivors - Clayton Gen.  
Forward Group - Rising Sun

Meeting time 8:00 pm each week except Survivors Group and Late Meeting at Highland Club which meets at 11:00 pm; and the Golden Eagle Group and Southside Survivors which meet at 8:30 pm.

### ASC REPORTS FOR MARCH

**ATLANTA ASC:** It snowed bad enough on the 2nd of March to effectively cancel the ASC meeting. A few of the officers showed up and a meeting of the Committee was held but almost no GSR's showed up and little business was discussed. Eighteen meetings comprise the AASC.

**MARIETTA ASC:** Met on the 24th of February. Beverly P. stepped down as Sec. She has done a wonderful job and we all appreciate her help. Sally P. was elected to serve as the new Secretary. Yeah Sally! GSR attendance was poor and Lane formed a committee to help improve attendance. A workshop was planned to follow the next MASC which will meet March 23rd instead of the last Sunday because of the holiday. Thirteen meetings comprise the MASC.

### RAINBOW REPORT

In case you didn't notice, we have here a sixteen page issue. We want to improve the RAINBOW in some way monthly. We would like to go over to offset as soon as we can increase our subscription to have the money to do so. Your support is appreciated. - Editor

# THE TWELVE TRADITIONS OF N.A.

1. Our common welfare should come first; personal recovery depends on N.A. unity.
2. For our Group purpose there is but one ultimate authority — a loving God as He may express Himself in our Group conscience; our leaders are but trusted servants, they do not govern.
3. The only requirement for membership is a desire to stop using.
4. Each Group should be autonomous, except in matters affecting other Groups, or N.A. as a whole.
5. Each Group has but one primary purpose — to carry the message to the addict who still suffers.
6. An N.A. Group ought never endorse, finance, or lend the N.A. name to any related facility or outside enterprise, lest problems of money, property or prestige divert us from our primary purpose.
7. Every N.A. Group ought to be fully self-supporting, declining outside contributions.
8. Narcotics Anonymous should remain forever nonprofessional, but our Service Centers may employ special workers.
9. N.A., as such, ought never to be organized; but, we may create service boards or committees directly responsible to those they serve.
10. N.A. has no opinion on outside issues; hence, the N.A. name ought never to be drawn into public controversy.
11. Our public relations policy is based on attraction rather than promotion; we need always maintain personal anonymity at the level of press, radio and films.
12. Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

