

# ASIA PACIFIC FORUM

Aotearoa New Zealand - Australia - Bahrain - Cambodia - China - Guam - Hawaii  
India - Indonesia - Iran - Japan - Kuwait - Malaysia - Maldives - Nepal - NERF - Pakistan  
Philippines - Saudi Arabia - Singapore - South Korea - Thailand - Viet Nam

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**Asia Pacific Forum Newsletter**

**37th Edition July 2010**

## **APF Statement of Purpose**

The Asia Pacific Forum is made up of the NA Communities from the Asia Pacific Zone. These guidelines are devised to facilitate the agreed purposes of this service body. The following is the stated purpose of the Asia Pacific Forum, which these guidelines honor:

- 1) We the NA Regions and communities of Asia Pacific, have joined to discuss issues of mutual concern, address our common needs, exchange ideas and share experiences to further our primary purpose.
- 2) This forum is intended to complement the existing service structure of NA. Goals to Encourage develop and support NA in this part of the world:
  - a) To encourage and support translations of NA literature into our languages.
  - b) Encourage and support Outreach, H&I and Public Information efforts within Asia Pacific.
  - c) Encourage, maintain and support communication among NA members, communities and Regions within this part of the world.
  - d) To continue working with NA World Services in our efforts.

## **APF Vision Statement:**

Our Vision is that one day:

- a) Every addict in the world has the chance to experience our message in his or her own language and culture and find the opportunity for a new way of life;
- b) NA communities worldwide, NA world services and the APF work together in a spirit of unity and cooperation to carry our message of recovery;
- c) Narcotics Anonymous has universal recognition and respect as a viable program of recovery.

## **Message from the Editor**

Salam Pemulihan!

Dear All. I hope you are well. This is my second edition since I am started serving as the Newsletter Chair. It has not been easy to keep up with the service commitment, but with the help of Higher Power. I have been able to keep up with the responsibilities. I hope this newsletter can provide you with some useful information from the stories and experience of other NA members in the community. If you do have any story or experience that you would like to share, I would be very happy to put that in the next edition of our newsletter.

In Loving Service

Adit (newsletter@apfna.org)

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## What Is Happening in Asia and Pacific?

Dear All Delegates

I just want to inform that I have conducted service workshops during NA Bali Convention last weekend. The workshop was attended by approximately 20 local members of whom most of them are newcomers. The workshop was a very simple and basic topic which was "Building a Strong Home Group"



At the end of the workshop, I had a chance to show the APF clip and the clip from Nepal Fellowship. As the theme of the convention was "Never Alone" - those clips emphasize that we are not alone - we are a worldwide fellowship

I really hope that with the workshop, few members will start new meetings in their hometown and keep the doors open to carry the message to the addicts who still suffer.

In Loving Service  
Adit  
NA Indonesia

## A Journal of the APF - FD in NA Bhutan: June 17 ~ 22<sup>nd</sup>, 2010

The Fellowship Development to Bhutan was done by our H&I Resource person/FD coordinator, Bablu and Joydeep in June 17-22, 2010. The aim for the visit was to create strong home groups and develop strong community of Narcotics Anonymous in Bhutan. Soft copy of the full report of the FD is available on request. If you wish to read the full report, please send your request to: <https://admin.nzna.org/mediawiki/index.php/FD - 17th June 2010>

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## Touch of Momentum in Bangladesh

A significant growth has taken place in Bangladesh after that. We did a very successful campout with 120 participants. In that campout many fellows were interested about NA and subsequently we got 4 new NA groups in Dhaka. Now we have total 9 NA Groups with 11 meetings in a week which covers all days of a week.

Another significant momentum for Bangladesh Region is that we have arranged our first PR Information Booth at Dhanmondi on 14th April. 14th April is a very big festive for Bangladesh which is actually the first day of Bengali New Year. We got a lot of crowd in the PR stall and expecting to get a great result from upcoming days. We are trying our best to share what we have learned in APF 2010.

In Service  
Reza A.

## NA Philippines

In February, our annual regional convention was held in Subic, Olongapo. This was graciously attended by our NA brothers from Japan, who performed a Japanese drum dance, we all miss you guys. We also had our first RSC meeting.

In April, we had our first area unity day in Luzon, held in Angeles, Pampanga.

In May, we had our first area unity day in Mindanao, held in Ozamiz City. I reported to them the APF activities in Kolkata and our service task of presenting NA to Islamic communities in Mindanao. An LTC group was created in order to start translating IP's to local dialects like tausug and maranaws, so that the local grass root level can better understand what NA is.

In June, we had our Visayas Unity day held in the island of Panglao in Bohol. There we had a Visayas Area election and tackled the issue of a fragmented area problem. I am just happy that they all respond well and have committed themselves in supporting their new elected trusted servants. We also held our quarterly RSC meeting there.

In service,

Bobby B., RD NA Philippines

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## What's New from around the World?



### The beginning of a new conference cycle

It's impossible to summarize everything that happened during the 2010 World Service Conference in such limited space, but some of the highlights are included here. For complete conference information, including a summary of decisions, please visit [www.na.org/conference](http://www.na.org/conference). We now have a vision statement for all NA services. By unanimous consent, WSC 2010 adopted "A Vision for NA

Service,"

The proposed revisions to *In Times of Illness* were adopted by unanimous consent, and the revised booklet will be available July 2010. *Money Matters: Self-Support in NA* (IP #24) and *Funding NA Services* (IP #28) were also adopted, and will be available July 2010. These pamphlets replace IPs #24 and #25. Regional reports at WSC 2010 confirmed that self-support is an issue throughout the fellowship, so we hope these new IPs will help address this challenging topic. We are planning sessions to introduce these new materials. We have been using a service model designed in the 1980s, whose effectiveness and lack of flexibility may have outlived itself. At the conference, we presented initial ideas for redesigning the service system, that now need to be reviewed and discussed fellowship wide. The Service System Project webpage is now online and includes material distributed at the conference, background reports, a current update, and a link to a bulletin board for the project, too. We plan to hold a series of five US workshops, mid-August through mid-November, to discuss and gather input on the structural model proposals. Updates will be posted online as they are available: [www.na.org/?ID=servsys](http://www.na.org/?ID=servsys).

The conference made changes to the policy for world convention planning. Instead of a "local support committee," the board will utilize a "WCNA workgroup." Also, pre-registration for WCNA 34 (1-4 September 2011 in San Diego) is scheduled to go on sale late in 2010. Updated versions of the *Membership Survey, NA: A Resource in Your Community*, and *Information about NA* are now available. There is also a revised *Basic H&I Guide*, the brand new *PR Basics*, and other PR tools like tote bags and pens for use at professional events and presentations. You can find all of these resources and other information about PR at [www.na.org/?ID=PR-index](http://www.na.org/?ID=PR-index).

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The second review-and-input period for Chapters Three, Four, and Five of “Living Clean: The Journey Continues” ended 30 June. The third and final review and input period (Chapters Six and Seven, and the Preface) is planned for 1 October through 31 December 2010. For more information and to contribute your experience, visit [www.na.org/?ID=Living\\_Clean\\_Project](http://www.na.org/?ID=Living_Clean_Project) or email us at [livingclean@na.org](mailto:livingclean@na.org).

In our financial discussions, we again acknowledged that no organization or individual stands unaffected by today’s economy, including NA. We have reduced expenses across the board, and we continue to report that fellowship contributions are markedly down. More and more demand is coming from communities that have limited resources, compelling those of us who do have resources to give more. In these challenging times, financial support to help in carrying the message worldwide is essential. In addition to contributing to NA World Services via groups and service committees, members can contribute directly via mail or online at [www.na.org/?ID=donation-external-index](http://www.na.org/?ID=donation-external-index).

*A written summary of the decisions made at WSC 2010 can be found on the website at [www.na.org/conference](http://www.na.org/conference). We encourage everyone interested in the activities of the conference to regularly check back on the World Service Conference page as this is an area that we update regularly.*

## Living Clean: The Journey Continues

The review and input period for Chapters Three, Four, and Five ended on 30 June 2010. Thank you to everyone who took the time to read and share your suggestions for the book. This process allows members to be a part of the project and to have a stake in this newly developed piece of literature. We will be factoring in the comments received from the fellowship and revising the chapters accordingly.

We would like to extend our thanks to all of the communities who are hosting workshops, generating input, and reviewing the material we have so far. We have received input from a wide variety of locations, from Greece to Greensboro, NC. Some of the workshops are being hosted by area committees; some are organized by interested members arranging a time and space for others to sit down together to write about the topics in the outline. Members have contributed individually, as well. We also asked participants at the 2010 World Service Conference to share their thoughts on four specific questions as a way of gathering additional source material for the book. All of the input contributes to our goal of having a book that reflects recovery as experienced in Narcotics Anonymous.

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There are only two more chapters to go in initial development of material for “Living Clean,” but all of the chapters are being revised and re-revised in response to ongoing input. Drafting is ongoing for the final two chapters, tentatively titled “Moving Beyond Social Acceptability” (Chapter Six) and “The Journey Continues” (Chapter Seven). In addition, the Preface is in the draft phase. The final review-and-input period is 1 October – 31 December 2010 and will include Chapters Six and Seven and the Preface. The approval form of the book will go out in April 2011, as called for in the project plan.

Check the project page at [www.na.org/?ID=Living\\_Clean\\_Project](http://www.na.org/?ID=Living_Clean_Project) for the latest about the project.

## Calling all H&I subcommittees!

Do you know about *Reaching Out*? This quarterly newsletter is a valuable resource that provides hope and inspiration to NA members who are institutionalized. We offer free subscriptions to incarcerated and institutionalized addicts and we send twelve free copies to every registered area service committee. For H&I subcommittees with multiple panels, there is a 20-copy bulk subscription for \$31.00 per year.

The “From the Inside” section of *Reaching Out* features letters from members who are institutionalized, providing a vital link with other NA members. “From the Outside” letters demonstrate that when they are released, members can go on to become responsible, productive members of society. This also gives criminal justice professionals an opportunity to see NA as a credible program of recovery. Support this effort through subscribing and contributing your experience, strength, and hope. We are always looking for written submissions from members who:

- found recovery in NA while incarcerated or institutionalized;
- participate in area or regional H&I service;
- participate in sponsorship behind the walls service.

### **WE WANT TO HEAR FROM YOU!**

Read or subscribe to the electronic *Reaching Out* at  
[www.na.org/?ID=reaching-out-index](http://www.na.org/?ID=reaching-out-index)  
Email: [h&i@na.org](mailto:h&i@na.org)

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## A Message from NAWS Translation Manager

Dear LTCs, current and former Translations Contacts, dear Friends,

Today I am sending you the first of several emails with news and interesting information. I am happy to announce to you the creation of a Translations Discussion Board on our website [www.na.org](http://www.na.org). This is the direct link: <http://disc.na.org/servdisc/forumdisplay.php?f=26>

The idea for an LTC Discussion Board was suggested and discussed by Language Translation Committee (LTC) members from 6 NA communities, who attended a translations workshop during the 3rd Middle East NAWS Worldwide Workshop in Turkey in June 2010. The Turkish, Arabic and Farsi speaking members felt that LTCs can greatly benefit from sharing their experience, questions, and solutions if they have an online 'meeting place'. We strongly support this idea, and implemented it right away by creating this discussion board.

This is a public discussion board, meaning that anyone can read the posts, however, only present and former LTC members and translation contacts can post there.

We want to keep our postings to translations related matters, ranging from sharing about the (LTC) translations process, experience with the *Translation Basics*, tools you found or developed that may help others, to challenges and solutions, as well as recovery glossary issues including questions regarding meanings of terms and discussions about translating NA concepts for your culture and society.

Our NAWS Translations Team will not moderate (run) this board; it is your 'meeting place', but I'll follow your discussions and will post answers to questions you have for us. Of course, this discussion board cannot take the place of regular direct communications with staff--by email, phone or chat.

We will walk through the steps of translation, proofreading, production and approval together, as before.

We hope that you will enjoy this new tool to communicate with each other on topics of mutual interest.

In this spirit and with good wishes to all!

Uschi

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## Recovery Corner

### Time for a meeting?

There's always a right time and place for a meeting, and this list of group names might help you narrow down your choices. If you're looking for a particular day of the week, check out these groups: Why Not Monday Night? Sure Happy It's Thursday, Frantic Friday, or Saturday Night Fever. If you can't decide on a day of the week, but you have plenty of time, you might try the Seven Days Group. When your schedule requires that you fit a meeting into a particular time of day, perhaps these groups will work: First Light, After the Cartoons, Just for Today Lunchtime, Teatime Recovery, Recovery at Dusk, or Midnight Train Wreck.

If the time of day doesn't matter, but you just happen to be in a forest, you'll like the Awake in the Woods Group. Have a limited amount of time or need to do your meeting at a very specific time? Then these will fit your needs: Five-Minute Group, One-Hour Candlelight, 12 at 6:15 Group, or the 7:04 Group.

For some, a specific time is not important, but time *still* plays a role in our choice, like these groups: Always on Time, Never on Time, Just in Time, Every Second Counts, Late but Straight, and Better Late than Never. One group focuses on sharing time, so they're the Equal Time Group. Another may not be ready when you get there; they're the Not Yet Group.

We've all qualified to attend the Clean and Sleepy Group at one time or another. We know that we can agree with the Yesterday Is Gone Group and the Ain't Over 'til It's Over Group. And, of course, there's always the It's Never Over Group. So, when someone says you need a meeting or you hear that call "It's meeting time!" remember that you have lots of choices whatever time of day it is.

*If you have stories or experiences that you would like to be posted on the newsletter, please send it to: [newsletter@apfna.org](mailto:newsletter@apfna.org). WE need your contributions.*



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## Upcoming Events in Asia Pacific Region

There are many other events going on within the Asia Pacific Region that are not listed on our website. In order to get the information, please visit each region's website on <http://www.apfna.org/pages/communities.htm>.

### **6th Japan Regional Convention 2010 - "Recovery = Discovery"**

**August 20th - 22nd 2010**, - Yokohama, Japan

NA Japan is proud to announce the 6th Japan Regional Convention of Narcotics Anonymous, and it will be held in Yokohama from 1pm, 20th August to 4pm, 22nd August 2010. More information to follow soon...

### **Kathmandu Area Camp-out of Narcotics Anonymous**

**September 17th - 18th 2010**, - KITC, Kakani, Nuwakot District, Nepal

Kathmandu Area Camp-out of Narcotics Anonymous will be held in KITC, Kakani, Nuwakot District, Nepal.

### **9th Delhi Area onvention 2010 of Narcotics Anonymous**

**September 23th - 25th 2010**, - Nainital, Delhi, India

Delhi Area Convention of Narcotics Anonymous will be held in Nainital, Delhi, India.

### **12th Aotearoa NZ Regional Convention 2010**

**October 22nd - 24th 2010**, - Dunedin, NZ

Aotearoa NZ Regional has come into function and has decided to host its 12th regional convention. We have come together hand in hand with the theme chosen one.

### **Hawaii Regional Convention 2010**

**October 28th - 31nd 2010**, - Kona, Big Island, Hawaii

Hawaii Regional Convention of Narcotics Anonymous will be held in Kona on the Big Island. Registration forms can be downloaded from [www.na-hawaii.org](http://www.na-hawaii.org).

### **3th Darjeeling Area Convention 2010**

**November 19th - 21nd 2010**, - Merik, Darjeeling, India

Darjeeling Area has come into function and has decided to host its area convention. We have come together hand in hand with the theme chosen one.